

Christmas Handicap

Mulled Wine & Mince Pies

Saturday December 21st Start: Anytime: Finish 11am.

Reception/Prize giving afterwards at Molins, Hook Park Road

This is an event that all members of the club can participate on an equal basis, start running/walking anytime you like, just aim to be at the finish at 11am. Fancy dress is optional and a wonderful selection of last year's leftovers will be on offer for prizes.

All participants /supporters will enjoy a cup of hot mulled wine and a mince pie at the finish and there will be prizes for male and female finishing closest to 11am.

To give me an idea of numbers could you let me know if you're running the handicap and if your supporting hoards require hot alcoholic nourishment and carbo loading!

Contact Nick at nick@hookpark.co.uk or text 07977 411452.

Start: At the junction of Cowes Lane and Hook park Road.

Start by going in to the field via the kissing gate. Keep to your left-hand side until another kissing gate, continue on your left through some trees. Once you are back in to the open field run through an opening on your right through some bushes, then keep left. Another kissing gate and then cross Hook Park Road and go down the lane. Christmas house is the last house on your left.

Follow the path keeping left until you reach the beach. Turn left, running along the Beach for 1 mile until you come to Workman's Lane (not Marked) You can't go any further without going on to the Beach. Turn Left running up Workman's Lane. Just after a 5 Bar Gate on your left turn Right in to Chilling lane, passing the Sub Station on your right.

After a couple of hundred meters turn right in to Solent Breezes. Once in Solent Breezes keep to your left running behind the permanent chalets until you reach the last one on your right, go through an opening in the fence on your left which leads in to Chilling Field (Solent Way). Run along the field keeping the Sea on your right. Keep going over the wooden bridge running along the Cliff top, until you can take a left between 2 fields. Go up this narrow path then across a stile, then turn left and keeping to your left follow the path until it reaches Brownwich Lane, turn Left.

Follow the Lane keeping right (Do Not turn left when it bears right) Go through a wooden gate, after another 100 meters you should be back in to Chilling Field. Turn right and then left, taking the top path along the field. Turn right at the end and then left after 100 meters in to Chilling lane. This road can be busy so be aware of traffic, you pass Solent Breezes on your left. At the end of the Lane turn right in to Workman's Lane and continue to the Finish at the top where it meets Hook Park Road.

Length Around 6 miles