

# Stubbington Green Runners

## Beginners Course

Only **£30** for 8 week course and club membership until  
March 2020



Stubbington Green Runners would like to invite to an 8 weeks beginners course from **1st May**.

The beginner's course will meet at Crofton Community Centre Car Park at 6.45pm

Starting Wednesday 1st May working towards completing 5km at the Lee on the Solent Park Run on 22<sup>nd</sup> June.

Safely progress within a group environment.

Fun, informative and enjoyable beginners sessions delivered by experienced UKA Qualified Coaches and Run Leaders



For more information please look at our website [www.stubbingtongreenrunners.net](http://www.stubbingtongreenrunners.net) or contact us:

[ladies-captain@stubbingtongreenrunners.net](mailto:ladies-captain@stubbingtongreenrunners.net)