

Mr	Jon	Abbott	
Miss	Annette	Ablitt	Portsmouth Joggers
Mr	Peter	Abrahams	Fareham Crusaders
Mr	David	Abrams	Stubbington Green Runners & AC
Mrs	Sandra	Abrams	Stubbington Green Runners & AC
Mr	Darren	Abrams	
Miss	Kimberley	Achurch	
Mrs	Leanne	Adams	Leanne Adams
Mr	Ronnie	adams	New Forest Junior AC
Mrs	Lynsey	Adamson	Stubbington Green Runners & AC
Mr	Simon	Adamson	
Mr	COLIN	ADDISON	Farnham Runners
Mr	Lee	Addison	
Miss	Devon	Adsett	
Mr	Rob	Agar	Lordshill Road Runners
Mr	Robert	Ainslie	Hedge End Running Club
Mr	Terry	Aked	
Mr	Michael	Akers	Poole Runners
Mrs	Charlotte	Alderton	Anytime Fitness Gosport
Mr	Jonathan	Alderton	
Miss	Sarah	Aldridge	Winchester & District AC
Mr	Boardman	Alex	
Mrs	Vivien	Alexander	Totton Running Club
Mr	Dennis	Alexander	
Miss	Lisa	Alexander	
Mr	Daniel	Allaway	Haslemere Border AC
Mrs	Meryl	Allderidge	Chandlers Ford Community Run
Ms	Heather	Allen	Hart Road Runners
Mr	Neil	Allen	Stubbington Green Runners & AC
Mrs	Janice	Allen	Stubbington Green Runners & AC
Miss	Lesley	Allen	Victory Athletics Club
Mrs	Samantha	Allen	
Mr	Timothy	Allport	
Mr	Joe	Amber	Hedge End Running Club
Mrs	Lesley	Ambrose	
Mrs	Emilie	amos	Farnham Runners
Mrs	Suzanne	Anderson	Blackwater Valley Runners
Mr	Edward	Anderson	Gosport Road Runners
Mr	Tom	Anderson	
Mrs	Angela	Anderson	
Mrs	Jane	Andrew	Isle Of Wight RRC
Mr	Wayne	Andrews	Hedge End Running Club
Mr	Max	Andrews	Hedge End Running Club
Mr	Isaac	Andrews	Hedge End Running Club
Mrs	Sian	Andrews	
Mr	Timothy	Anetts	Hardley Runners
Mr	Daniel	Angell Colli	Hedge End Running Club
Mr	Mick	Anglim	Hardley Runners
Mrs	Jan	Anglim	Hardley Runners
Miss	Sam	Aplin	Winchester & District AC
Mr	Scott	Appleby	
Mrs	Emily	ArbuthnotS	Overton Harriers & AC
Mr	Chris	Arkell	Fareham Crusaders Running Club
Mr	Rob	Arkell	STUBBINGTON GREEN RUNNERS AND AC
Mr	Jim	Armitage	Alton Runners
Miss	Natasha	Armstrong	Portsmouth Joggers Club

Mrs	Clare	Armstrong	
Mr	Gary	Armstrong	Denmead Striders
Mr	Daniel	Arnold	Portsmouth joggers
Mr	Terry	Arnott	Gosport Road Runners
Mrs	Lindsey	ashdown	Hedge End
Mr	Chris	ashdown	
Mr	Gary	Ashley	No club
Mrs	Lucy	Ashton	Itchen Spitfires Runnng club
Mr	Phil	Ashton	
Mrs	Rachael	Asquith	Centurion
Ms	Jenny	Astall	Eastleigh Running Club
Mr	David	Atkins	
Mrs	Shereen	Atkinson	Farnham Runners
Mr	Paul	Atkinson	none
Mr	Paul	atkinson	
Mr	Fiona	Atkinson	
Ms	Janet	Attwater	LGRunners
Mr	RICHARD	Audsley	
Mrs	Natasha	Avery	itchen spitfires
Mrs	Liz	Avery	Liss Runners
Mr	Ned	Awty	
Mr	Paul	Ayre	
Miss	Jenni	ayres	Poole runners
Mrs	Cheryl	Ayres	Run verity
Mr	Ian	Ayres	
Miss	Nicola	Ayriss	LCP
Miss	Victoria	Ayriss	
Mr	Paul	Backhouse	Eastleigh RC
Mr	Stuart	Backhouse	Ryde Harriers
Mrs	Helen	Backshell	Lordshill Road Runners
Mr	SIMON	BACON	Stubbington Green Runners & AC
Mr	William	Baggs	Hedge End Running Club
Mrs	Natasha	Baggs	Netley Abbey Runners
Mrs	Joanne	Bailey	City of Salisbury AC & RC
Mr	Steve	Bailey	City of Salisbury AC & RC
Mr	Nick	Bailey	Denmead Striders
Miss	Kirsty	Bailey	Denmead Striders
Mrs	Clair	Bailey	Farnham Runners
Mr	Steve	Bailey	Farnham Runners
Mr	Daniel	Bailey	Victory AC
Miss	Hayley	Baird	Gosport Road Runners
Mr	Alan	Baker	Blackwater Valley Runners
Mr	Daniel	Baker	Southampton A.C
Mr	Kevin	Balfour	Eastleigh RC
Mr	Reggie	Ball	City Of Portsmouth A.C
Ms	Elizabeth	Bamber	Hedge End Running Club
Miss	Lindsay	Bamford	Farnham Runners
Mrs	Anna	Bamford	
Mr	Tom	Bampton	Haslemere Border AC
Mrs	Petra	Banham	Run Verity
Mrs	Vickie	barber	Fareham Crusaders Running Club
Mrs	Susan	Barker	Gosport Road Runners
Mr	Michael	Barker	Gosport Road Runners
Mrs	Lisa	Barker	Hart Road Runners
Miss	Louise	Barker	
Mr	Tim	Barker	

Mr	Robbie	Barlow	Totton Running Club
Mr	Rob	Barlow	Totton Running Club
Miss	Jacquie	Barlow	Tooton
Mr	Bryn	Barnard	
Mr	Gareth	Barnard	
Mr	Tom	Barnard	Gosport Road Runners
Mr	Martyn	Barnes	Gosport Road Runners
Mrs	Lisa	Barnes	
Mrs	Sarah	Barron	STUBBINGTON GREEN RUNNERS
Mr	Keith	Barron	
Mr	Bryan	Barry	Hedge End RC
Ms	Lucy	Bartlett	Fareham Crusaders Running Club
Mrs	Libby	Barton	
Mrs	Debbie	Bates	None
Mr	Steve	Batten	Totton Running Club
Mr	Richard	Bayley	Run Verity
Mrs	Melissa	Beadsworth	
Mr	Ken	Beak	Ryde Harriers
Mrs	Clare	Beale	Netley Abbey Runners
Mr	Alex	Beaton	Lordshill Road Runners
Mrs	Anna	Beaudro	runverity
Mr	Billy	Beaven	Fareham Crusaders Running Club
Mr	Simon	Beck	
Mr	Steve	Beedle	Road Runners Club
Mrs	Rachel	Beirne	
Mr	Sam	Bell	White Horse Harriers
Mr	Paul	Bellamy	City of Salisbury AC & RC
Mr	Robert	Benham	Itchen Spitfires
Miss	Fran	Bennett	Fareham Crusaders Running Club
Mr	Ashley	Bennett	Fareham Crusaders
Mr	Steve	Bennett	Isle Of Wight Road Runners
Mrs	Rachel	Bennett	Southampton
Mr	Matthew	Bennett	Southampton Athletic Club
Mr	Mark	Bennion	
Mrs	Cathy	Beresford	
Mrs	Andrea	Berogna	Denmead Striders
Mr	Peter	Berrow	
Mrs	Sue	Berrow	
Mrs	Ronel	Beukman	Fareham crusaders running club
Mr	Nico	Beukman	Fareham Crusaders Running Club
Mrs	Nicola	Bevan	run verity
Mr	Stuart	Bicknell	
Mr	Edward	Biddle	Netley Abbey Runners
Mr	Edward	Biddle	Netley Abbey Runners
Mr	Richard	Bidmead	City of Salisbury AC & RC
Mr	Alex	Bidwell	Fareham Crusaders Running Club
Mr	Alex	Bigg	Basingstoke & Mid Hants AC
Mr	Martin	Billett	
Mr	Jeff	Bird	Newbury AC
Ms	Helen	bishop	
Mrs	Tina	Blackburn	Solent Running Sisters
Mr	James	Blackman	Ordnance Survey Running Club
Mr	David	Blackman	Southampton AC
Miss	LARA	BLAKE	n/a
Miss	Heather	Blake	Run Verity
Mr	David	Blakemore	

Mr	Neil	Blanchard	Victory AC
Mr	Steven	Blank	
Miss	Pam	Blanshard	
Miss	Hannah	Bliss	Overton Harriers & AC
Miss	EmmaLoui	Blyth	Netley Abbey Runners
Mr	James	Boddey	
Mrs	Katie	Boden	Runverity
Mr	Charlie	Boffin	Hart Road Runners
Mrs	Helen	Bonaer	itchen spitfires
Mr	Peter	Bond	
Mrs	Susan	Bonnar	Stubbington Green Runners & AC
Mr	Euan	Bonnar	
Mrs	AnnMarie	Bonwick	
Mr	Nicolas	Boorn	Gosport Road Runners
Mr	Gillian	Boorn	Gosport Road Runners
Mr	Stuart	Booth	Eastleigh RC
Mr	Jerome	Bordry	Hedge End Running Club
Mr	Mike	Bourke	Hedge End Running Club
Mr	Andrew	Boutflower	Southampton Triathlon Club
Mrs	Susan	Bowdery	
Mr	Jamie	Bowditch	Fareham Crusaders Running Club
Mrs	Rebecca	Bowers	Netley Abbey Runners
Mr	Adam	Bowie	
Mrs	Clare	bowler	
Ms	Rachel	Bown	
Miss	Clara	Boyd	
Mr	Daniel	Boyd	
Mr	Paul	Boyd Leslie	Eastleigh RC
Mrs	Karen	Boyes	
Mrs	Charmaine	Bradford	Hardley Runners
Mr	Michael	Brady	catherine brady
Mrs	Jackie	brady	Gosport Road Runners
Mr	Jason	Brandon	
Miss	Val	Bray	
Miss	Vicky	Brazier	RunVerity
Mrs	Vivienne	Breen	Gosport Road Runners
Mrs	Shannon	Brennan	Isle Of Wight RRC
Mr	John	Brennan	
Mrs	Zoe	Brennan	
Mrs	Wendy	Brent	Lordshill Road Runners
Mr	Steve	Brett	Andover Athletic Club
Miss	Emma	Brewin	Portsmouth Joggers
Mrs	Sarah	Brewster	City Of Salisbury A&RC
Mr	Michael	Brewster	City of Salisbury AC & RC
Mr	Ben	Brewster	Southampton AC
Mr	Mike	Bridgeman	Hedge End Running Club
Mrs	Louise	Bridges	Fareham Crusaders Running Club
Mr	John	Brimecome	City Of Portsmouth Ac
Mr	Douglas	Brisco	Andover Athletic Club
Mrs	Susie	Bristow	
Mr	Adrian	Brogan	
Mr	Mark	Brooks	Fareham Crusaders
Mr	Chris	Brooks	Hedge End Running Club
Miss	Katie	Brothers	Overton Harriers & A.C.
Mr	Jake	Brougham	Ryde Harriers
Ms	LESLEY	BROWN	City of Salisbury AC & RC

Dr	Shaun	Brown	City of Salisbury AC & RC
Ms	Kerry	Brown	Fareham Crusaders
Mr	Peter	Brown	Fareham Crusaders
Mr	Andy	Brown	Gosport Road Runners
Mr	Jon	Brown	Jon Brown
Mrs	Tina	Brown	Portsmouth joggers club
Mrs	Helen	Brown	Run Verity
Mr	Andy	Brown	Winchester and District AC
Miss	Melanie	Brown	
Mr	Peter	Brown	
Mr	Alex	Brown	
Mrs	Belinda	Brown	
Miss	April	Brown	
Mr	Peter	Brown	
Mr	Terry	Brown	
Mrs	Jacquie	Browne	Farnham Runners
Mrs	Claire	BROWNE	Netley Abbey Running Club
Mrs	Annie	Bruce-Low	
Mr	Roger	Brummell	Victory athletic club
Mrs	Vicki	Brunink	Netley Abbey Runners
Miss	Tracie	bruno	
Ms	Louise	Bryan	Fareham Crusaders Running Club
Mr	Toby	Bryant	Totton Running Club
Mr	Stephen	Bubb	Lordshill Road Runners
Miss	Charlotte	Bunch	Eastleigh RC
Mr	Chris	Bundy	Netley Abbey Runners
Miss	Alice	Burch	Lordshill Road Runners
Mrs	Verna	Burgess	Tring RC
Mr	Michael	Burgess	Tring RC
Mrs	Sue	Burley	Run Verity
Mr	Phil	Burmingha	None
Mr	Scott	Burnet	
Mr	Adam	Burnett	City of Portsmouth ac
Dr	Mandy	Burton	Stubbington Green Runners & AC
Mrs	Laura	Burton	
Miss	Helen	Burton	
Mr	Paul	Butcher	
Mr	Patrick	butler	Hardley Runners
Mrs	Sarah	Butler	Hedge End Running Club
Mr	Paul	Butler	
Mr	Jack	Butt	Andover
Mr	Jon	Butts	Ordnance Survey Running Club
Mrs	Alison	Byatt	Stubbington Green Runners & AC
Mrs	Samantha	Byles	
Mr	Matt	Cafferky	New Forest Runners
Mr	Ian	Cahill	
Mr	Steve	Calder	Gosport Road runners
Mr	Andy	Caldwell	
Mrs	Sharon	callaghan	Gosport road runners
Mr	Rob	Callen	Lordshill Road Runners
Mr	Darren	Campbell	Eastleigh RC
Miss	Jenny	Campbell	Portsmouth Joggers
Miss	Kelly	Campbell	Run Verity
Mr	Nicholas	Campkin	
Mr	Edward	Campkin	
Mr	George	Campkin	

Mrs	Chantelle	Canney	
Mrs	Melanie	Captain	Netley Abbey Runners
Mr	Mathew	Captain	Netley Abbey Runners
Mr	Martin	Care	Victory Athletic Club
Mr	Paul	Carpenter	
Mr	Mark	Carpenter	
Mr	Steve	Carr	Netley Abbey Runners
Mrs	Deborah	Carr Jones	
Mrs	Kim	carter	Gosport Road Runners
Mr	Nick	Carter	Gosport road runners
Mr	Paul	Carter	Havant AC
Ms	Liz	Carter	Lordshill Road Runners
Miss	Vikki	Carter	
Ms	Kirsty	Cartwright	Hedge End Running Club
Mr	Mike	Case	Ryde Harriers
Mr	Peter	Casey	Lordshill Road Runners
Mr	Edward	Casper	Fareham Crusaders
Ms	Donne	Caswell	Stubbington Green Runners & AC
Mr	Neil	Catchlove	Lordshill Road Runners
Mr	Robert	catlin	Igrunners
Mr	Daryl	Catlin	
Mrs	Karen	Caws	
Mr	Joel	Caws	
Mr	Cameron	Caws	
Mr	Sharon	Cawte	
Ms	Karen	Ceeney	Eastleigh Running Club
Mr	Christy	Cerny	
Mr	Rohan	Chaffey	Basingstoke & Mid Hants AC
Mr	Seb	Challen	Hatchwarren Runners
Mr	Phil	Chamberla	Fareham Crusaders
Mr	Brian	Chamberla	Hart Road Runners
Miss	Heather	Chamberla	Lordshill Road Runners
Miss	Katherine	Chamberla	Stubbington Green Runners & AC
Mr	Andrew	Chamberlain	
Mr	Mike	Chambers	Winchester & District Athletics Club
Mr	Paul	Chandler	
Mr	Jonathan	Channing	Fareham Crusaders Running Club
Mr	Kieran	Chaplin	Gosport Road Runners
Mr	Gregg	Chapman	Gregg Chapman
Mr	Robert	Chapman	
Miss	Sophie	Chapman	
Mrs	Christine	Chapman	Farnham
Mr	Tony	Chapple	
Mr	Alan	Charles	Eastleigh Running Club
Mr	Nicholas	Charles	New Life Training
Mr	Gareth	Charles	Stubbington Green Runners & AC
Miss	Natasha	Charles	
Mr	Steven	Charnock	
Mrs	Kate	Checchia	Chippenham Harriers
Mr	Frank	Checchia	Chippenham Harriers
Mr	Lewis	Cheeseman	
Mr	Lawrence	Chen	Lordshill Road Runners
Mr	Christophe	Chester	hedge end running club
Mrs	Goska	Chetwynd	Stubbington Green Runners & AC
Mr	Matthew	cheyney	Denmead Striders
Mrs	Lucy	Chidgey	

Miss	Harriet	Chinnock	Itchen Spitfires Running Club
Mrs	JACQUELI	CHLEBOW	City Of Salisbury A&RC
Mr	Richard	Chowns	Stubbington Green Runners & AC
Mrs	Katherine	Chowns	Stubbington Green Runners & AC
Ms	Kate	Christie	Hart Road Runners
Mrs	Gemma	Christie	Stubbington Green Runners & AC
Mr	Ro	Christie	
Mr	Grant	Christmas	
Mrs	Nic	Christophe	Run Verity
Mr	Darron	Christopher	
Mr	Lee	Clare	Hedge End Running Club
Ms	Theresa	Clark	Lordshill Road Runners
Mrs	Emma	Clark	Run Verity
Mr	Phil	Clark	Stubbington Green Runners & AC
Mr	Graham	Clarke	Denmead Striders
Mr	James	Clarke	Farnham Runners
Mrs	Vicki	Clarke	Hardley Runners
Mr	John	Clarke	NONE
Dr	Sarah	Clarke	Portsmouth Joggers
Mr	Terry	Clarke	Overton Harriers & AC
Mrs	Jennifer	clarkson	
Mrs	Naomi	Clements	Gosport Road Runners
Mr	Robert	Cliffe	Andover AC
Miss	Tanya	Clifford	Isle Of Wight RRC
Mr	Richard	Clifford	Overton Harriers & A.C.
Mr	Henry	Clover	Hedge End Running Club
Mr	Jim	Clow	Victory AC
Mr	Steve	Cluett	Winchester & District AC
Mr	David	Coak	Southampton A.C
Mr	Pete	Cobb	Southern Legion Strength & Conditioning
Mr	Ami	Cobb	Southern Legion Strength & Conditioning
Mr	Dave	Cobb	
Mr	Col	Cochrane	
Miss	Jane	Cockayne	Gosport road runners
Mrs	Felicity	cockcroft	
Mr	Andy	Cockerell	Hedge End Running Club
Mrs	Trudi	Cocks	Run Verity
Mrs	Alexandra	Coe	Southampton AC
Mr	Nick	Coe	Southampton Athletic Club
Mr	Matt	Coffey	Southampton AC
Miss	Rosie	Coghlan	Stubbington Green Runners
Mr	Darren	cole	Isle Of Wight RRC
Mrs	Elizabeth	Cole	OS runners
Mr	Steven	Cole	
Mr	David	Colenutt	Denmead Striders
Mr	Martin	Coles	Victory AC
Mrs	Amanda	Coles	Victory AC
Mr	James	Collier	
Ms	Frankie	colling	Eastleigh RC
Mr	Matthew	Collins	Eastleigh RC
Mrs	Caroline	Collins	H F Runners
Mr	Geoff	collins	Hedge End Running Club
Mr	CHRIS	COLLINS	Hedge End Running Club
Mrs	Jane	Collins	Portsmouth Joggers
Mr	Mike	Collins	Portsmouth Joggers
Mr	Peter	Collins	Portsmouth Joggers Club

Miss	Debbie	Collins	Push it suck it
Mrs	Virginia	Collins	Totton Running Club
Mr	John	Collis	Liss Runners
Mr	Joseph	Comotto	Joseph Comotto
Ms	Karen	Connell	OS Runners
Mr	Patrick	Connors	Itchen Spitfires RC
Ms	Jayne	Connors	
Mr	Jason	Constable	
Mr	Chris	Cook	Lordshill Road Runners
Mrs	Sarah	Cook	Netley Abbey Runners
Mr	Paul	Cook	
Mr	Nicholas	Cooke	City of s
Mr	Simon	cooper	Blackwater Valley Runners
Miss	JULIE	Cooper	Hart Road Runners
Mr	Charlie	Cooper	Hedge End Running Club
Mr	Neil	Cooper	Wight Tri
Mrs	Elizabeth	Cooper	
Mr	Rees	Cooper	
Mrs	Sabrina	Cooper	
Mr	Mark	Cooter	Victory AC
Mr	Charles	Cope	
Mr	Terry	Copeland	Farnham Runners
Mrs	Kay	Copeland	Farnham Runners
Miss	Kayleigh	Copeland	Farnham Runners
Mr	Gareth	Copping	Andover Athletic Club
Mrs	Tracey	Corker	Southampton Athletic Club
Mr	James	Corker	
Ms	Victoria-Jai	Cornall	RunVerity
Miss	Angela	Corrie	Lordshill Road Runners
Mr	John	Cosgrove	Vegan Runners
Ms	Jane	Costello	Hedge End Running Club
Mr	Peter	Costley	Southampton AC
Mrs	Katie	Couchman	
Mr	Neil	Coulson	
Mr	Michael	Coultrup	Isle Of Wight RRC
Mrs	Hayley	Cousins	
Mr	Alan	Cowan	Hedge End Running Club
Mr	Steve	Cowen	
Mr	Adam	Cowlard	Fareham Crusaders Running Club
Mrs	Catherine	Cox	
Mrs	Yvonne	Coxhill	Hedge End Running Club
Mr	Nick	Craik	
Mr	Nick	crane	Stubbington Green Runners & AC
Mrs	Tamsyn	Crane	
Mrs	Tracey	Crank	Denmead Striders
Mr	Simon	Cristofoli	Victory Athletic Club
Mrs	Marilyn	Crocker	Victory AC
Mr	David	Croft	Gosport Road Runners
Mr	Richard	croker	United Services Portsmouth
Mr	Martin	Crooks	Run verity
Mrs	Karen	Crooks	Run verity
Mr	Jonathan	Croom	City of Salisbury AC & RC
Mr	Stephen	Crosland	
Mrs	Janice	Crosland	
Miss	Hazel	Crosland	
Mr	David	Crosland	

Ms	Di	Cross	City of Salisbury AC & RC
Mr	Ian	Crowley	
Mrs	Lousie	Crowley	
Mrs	Amanda	Cullen	Chandlers Ford Community Running Group
Mr	Neil	Cullen	Chandlers Ford Community Running Group
Mrs	Helena	Cully	
Mr	Dylan	Cully	
Mrs	Rowanne	Cumbley	
Mr	Steve	cumes	Stubbington Green Runners & AC
Mrs	Katie	Cumming	Warsash Running Club
Miss	Louise	Cummings	
Mr	Mark	Cunningha	Netley abbey runners
Mr	Dan	Cunningtor	Winchester & District Athletics Club
Miss	Caroline	Curliss	Ryde Harriers
Mrs	Sally	curtis	
Mr	Nick	Cusack	Portsmouth Joggers
Miss	Kimberley	Cutler	
Mr	Matthew	Dale	
Mr	Mark	Dallimore	Netley Abbey Runners
Mr	Keith	Dashwood	
Mr	Brian	Davenport	Lordshill Road Runners
Mr	Shaun	Davey	Netley Abbey Runners
Mr	Richard	Davidson	City of Salisbury AC & RC
Mr	Jordan	Davies	Andover Athletic Club
Miss	Joy	Davies	Fareham Crusaders Running Club
Mrs	Sian	Davies	Overton Harriers & AC
Mrs	Gill	Davies	Totton Runing Club
Mr	Steve	Davies	Totton Running Club
Miss	Barbara	Davies	
Mr	Roger	Davies	
Mrs	Sarah	Davis	Lordshill Road Runners
Mrs	Jenny	Dawes	Lordshill Road Runners
Mr	Eli	Dawson	Alton Runners
Mr	Scott	Dawson	Itchen spitfires
Miss	Sophie	Day	Overton Harriers & AC
Mr	Bill	Day	Poole runners
Mr	Bill	Day	Poole runners
Mr	Fyn	Day	
Mr	Marco	De Caprio	Haslemere Border Athletic Club
Miss	Laura	De Lisle	Hatch Warren Runners
Ms	Emily	de Villiers	
Mrs	Claire	Deacon	Eastleigh RC
Mr	Robert	Deffley	
Mrs	Sarah	Deller	Fareham Crusaders Running Club
Mr	Robert	Dempster	Southampton Athletic Club
Mr	Matthew	dennis	Itchen spitfires
Mrs	Zoe	Dennis	Stubbington Green Runners & AC
Mrs	Nicola	Denton	
Mr	Jeremy	Denton	
Mr	George	Devine	Fareham Crusaders
Mr	Chris	Dewey	Andover Athletic Club
Miss	Jenny	Dewing	Isle Of Wight RRC
Mrs	Fiona	Diamond	Holly Hill Runners
Mr	Jon	Diaper	Eastleigh RC
Mr	Colin	dibley	
Miss	Louisa	Dickson	Chandlers ford community

Mr	Lloyd	Dickson	Winchester & District AC
Mrs	Rebecca	Dimblebee	Fareham Crusaders
Mr	ANDY	DINSDALE	nO cLUB
Mr	Neal	Dobson	Portsmouth joggers
Mr	Steve	Docherty	
Mrs	Cheryl	Dodd	Gosport Road Runners
Miss	Siobhan	Dodds	
Mr	James	Doel	Eastleigh Running Club
Miss	Catherine	Doherty	
Mr	Chris	Doherty	
Mr	Gary	Doncom	Totton Running Club
Mrs	Hannah	Donnarumi	Run Verity
Ms	Fiona	Donovan	Solent Running Sisters
Mrs	Sarah	Dooley	Hart Road Runners
Mr	Lee	Dorey	
Mrs	Joanna	Dormon	Itchen Spitfires Running Club
Mr	Oliver	Dormon	
Mr	David	Doughty	Eastleigh RC
Miss	Gillian	dowling	gosport road runners
Mrs	Lorraine	Down	Gosport Road Runners
Miss	Sarah	Down	Gosport road runners
Mr	Phil	Downham	
Mr	William	Downham	
Mrs	Deliah	downie	Run verity
Mrs	Lisa	Downs	Run Verity
Mr	Mike	Downs	Run Verity
Mr	Neil	Driscoll	Fareham Crusaders
Mrs	Marie	Droniou-Bc	Hedge End Running Club
Mr	Melroy	Dsouza	Lordshill Road Runners
Mr	Saul	Duck	Winchester & District AC
Mrs	Jackie	Ducker	Winchester & District AC
Mr	Chris	Ducker	
Miss	Anna	Duff	Chandlers Ford Community
Mr	John	Duffy	City of Salisbury AC & RC
Mr	Dave	Duncombe	RunVerity
Mr	Alex	Duncombe	
Ms	Laura	Dunkley	
Mrs	Claire	Dunning	
Mrs	Lara	Durham-Dc	Gosport Road Runner
Mr	Gary	Dyer	Lordshill Road Runners
Mr	Neil	Dyer	Portsmouth Joggers
Mr	Mark	Dyer	
Mrs	Shirley	Dyson-Lau	Winchester & District AC
Mr	Paul	Eade	Eastleigh running club
Mr	Ken	Eaden	Gosport Road Rummers
Miss	Anne	Eadie	Portsmouth Joggers Club
Mrs	Nicola	Earle	
Mr	Dave	Earle	
Mr	Jamiw	Earley	
Miss	Kathryn	Earls	OS Runners
Mrs	Yvette	Eastman	Gosport Road Rummers
Mr	Kiernan	Easton	Portsmouth Joggers
Mr	Matthew	Edwards	Basingstoke & Mid Hants AC
Mr	Ian	Edwards	Fareham Crusaders
Mrs	Kirsty	Edwards	Fareham Crusaders Running Club
Mr	Steve	Edwards	Overton Harriers & A.C.

Mr	Colin	Edwards	Pompey Joggers
Mr	Mark	Edwards	
Mrs	Joanna	Edwards	
Mrs	Sally	Edwards	
Mr	Craig	Edwards	
Miss	Kelly	Eggar	Fareham Crusaders Running Club
Miss	Amy	Eggleston	Lordshill Road Runners
Mr	Marc	Eland	
Ms	Caroline	Elder	Portsmouth Triathletes
Mr	Andy	Elder	Portsmouth Triathletes
Miss	Jen	Elkins	Southampton AC
Mrs	Betty	Elkins	
Ms	Jan	Elkins	
Mrs	Lois	Elliott	Lordshill Road Runners
Mr	Chris	Ellis	Denmead Striders
Mr	Peter	Ellis	Totton RC
Mr	Jonathan	Ellis	
Mr	Nigel	Emery	
Mrs	Ginette	Emmonds	Fareham Crusaders Running Club
Mr	Richard	England	
Mrs	Dawn	Evans	Eastleigh RC
Miss	Rachael	Evans	OS Runners
Mrs	Lara	Evans	Stubbington green runners
Mr	Matthew	Evans	Stubbington Green Runners & AC
Dr	Sean	Evans	
Mrs	Shirley	Evans	
Mrs	Lisa	Evens	
Mr	Daniel	Ewing	Westbury Harriers
Mr	Darren	Eynon	Gosport Road Runners
Mr	Gareth	Fairall	
Mrs	Rachel	Fargher	FCRC
Mr	Jonathan	Farrington	Hedge End Running Club
Miss	Abigail	farwell	Isle of Wight Road Runners
Mr	Peter	Farwell	Wight Tri
Mr	Tom	Fealy	
Mrs	Anita	Feast	
Mr	Nigel	Feast	
Mrs	Alice	Fenlon	Hedge End Running Club
Mr	Steve	Fidler	Stubbington Green Runners & AC
Mr	Adrian	Field	Winchester and District Athletics Club
Mr	Simeon	field	
Ms	Vanessa	Field	
Mr	Peter Rich:	Field	
Mrs	Susan	Findon	Holly Hill Runners
Mrs	Nicky	Finlay	RunVerity
Mr	Steve	Finn	bayside tri
Ms	Mary Denis	Fitzgerald	Farnham Runners
Mrs	Helen	Fitzgerald	Runverity
Ms	Marie	Fitzgerald	
Miss	Carly	FitzMaurice	Run Verity
Mr	David	Fleet	Fareham Crusaders
Mr	Rob	Fleming	Liss Runners
Mr	Matthew	fletcher	isle of wight road runners
Mr	Christophe	Fletcher	Portsmouth Joggers Club
Mrs	Claire	Fletcher	
Mr	Miguel	Flores	Winchester and District Athletic Club

Mr	Andrew	Flynn	Victory AC
Miss	Erica	Fogg	New Forsest Runners
Mrs	Rachel	Follett	Stubbington Green Runners & AC
Mr	Ashley	forbes	SAC
Mr	Robert	Ford	Portsmouth Joggers
Miss	Jane	Forrester	
Miss	Joann	Foster	Fareham crusaders Running Club
Mr	Jamie	Foster	Itchen Spitfires Running Club
Mr	Daniel	Foster	Stubbington Green Runners
Mr	Jonathan	Foster	
Mr	Stuart	foster	
Dr	Amy	Fowler	Lordshill Road Runners
Mr	David	Fowler	Netley Abbey Runners
Mrs	Katie	Fowler	Netley Abbey Runners
Mr	Paul	Fowler	
Mrs	Della	Fowler	
Mrs	Rachel	Fox	Lordshill Road Runners
Mrs	Amy	Fox	Stubbington Green Runners
Mrs	Anita	Foy	Fareham Crusaders Running Club
Mr	Andy	Foy	Fareham Crusaders Running Club
Mr	Darren	Foy	Lordshill Road Runners
Mr	Daniele	Franceschi	Eastleigh Running Club
Ms	Linda	Francis	Hedge End Running Club
Mrs	Michelle	Francis De	Gosport road runners
Miss	Lucy	Fraser	Lordshill Road Runners
Mrs	Shona	Freeman	
Mrs	Jenny	French	Alton Runners
Mrs	Danielle	Friedman-E	Solent Running Sisters
Mr	Kevin	Frisby	Winchester & District Athletics Club
Miss	Nicole	Frith	Lordshill Road Runners
Mr	Jack	Frost	N/A
Mr	Aaron	froukhians	Totton Running Club
Mr	Kevin	Fry	Isle Of Wight Road Runners AC
Miss	Karen	Fullbrook	none
Mr	Charlie	Fuller	Fareham Crusaders
Mr	Andrew	Fuller	
Mrs	Carol	Fulton	
Mr	Andrew	Fulton	
Mr	Michael	Furlong	
Mr	Jeff	Furness	
Mrs	Karla	Fuzzard	
Mr	Kev	Gale	Denmead Striders
Mr	Paul	Gale	Totton Running Club
Ms	Tess	Gallagher	Waverley Harriers
Mr	Aaron	Gallimore	Lordshill Road Runners
Mrs	Lucy	Gambrill	
Mr	Christophe	Gambs	Portsmouth Joggers
Mr	Steven	Gardner	Denmead Striders
Mr	Colin	Gardner	Gosport Road Runners
Mrs	Isabel	Gardner	Portsmouth Joggers
Mr	Graham	Gardner	ryde harriers
Miss	Louise	Gardner	
Mr	David	Gaskell	Basingstoke and mid Hants AC
Mr	Andrew	Gates	Totton Running Club
Mr	Simon	Gates	
Miss	Amy	Gaunt	Denmead Striders

Ms	Francesca	Gay	Shrewton Running Club
Mrs	Sophie	Gay	
Miss	Eden	geary	Lordshill Road Runners
Miss	Rachel	Gee	Gosport road Runners
Mrs	Jane	Georghiou	Farnham Runners
Mrs	Alice	Gerlach	Oxford University Triathlon Club
Mr	Tom	Gerlach	Salford Harriers
Mrs	Victoria	Gibbs	
Miss	Sari	Giering	Lordshill Road Runners
Mr	Rob	Gilchrist	Farnham Runners
Mrs	Emily	Giles	RunVerity
Mr	Daniel	Giles	RunVerity
Mrs	Zoe	Gill	Victory Ac
Mr	Matt	Gill	victory ac
Mr	Simon	Gill	Victory AC
Mr	Andy	Gill	
Mr	William	Gill	
Mr	Mike	Gilmour	Fareham Crusaders Running Club
Mr	Mark	Glanville	City of Salisbury AC & RC
Mr	Tim	Glover-Pol	Lordshill Road Runners
Mr	John	Gobbi	
Mrs	Katie	Goddard	
Mr	Daniel	Godfrey	
Mrs	Rachael	Goldstraw	
Mr	Daniel	Goldstraw	
Ms	Maria	Golmayo	
Mrs	Joanne	Gooch	
Miss	Jodie	Goodall	
Mr	Andrew	Goode	NONE
Mrs	Sheree	Goodhead	
Mr	Stefan	Goodson	Fareham Crusaders Running Club
Mr	Steve	Goodwin	Winchester and District AC
Mrs	Gill	Goodwin	Winchester and District AC
Mrs	Anna	Gordon	Hedge End Running Club
Mrs	Melissa	Gori	
Mr	Alessandro	Gori	
Mr	John	Gosling	Portsmouth Joggers
Mr	Jon	Gott	
Mrs	Susan	Gover	victory atheletics
Mr	Kelvin	Gower	Cove Joggers
Ms	Sam	Graham	Gosport Road Runners
Mr	Alan	Graham	Lordshill Road Runners
Mrs	Jolande	Graham	Runverity
Dr	Kate	Graham-E	RunVerity
Mrs	Yvonne	GRANDON	none
Miss	Stacey	Grant	
Mrs	Anne	Green	EastleiEastleigh
Mr	Andy	Green	Melanie Green
Mrs	Gwen	Green	RunVerity
Mrs	Mel	Green	Totton Running Club
Mr	Mark	Green	
Mrs	Glenna	Greenslade	Solent Running Sisters
Mr	Rob	Greenwood	STUBBINGTON GREEN RUNNERS
Mr	Ian	Gregory	Portsmouth Joggers
Mr	Michael	gregory	Stubbing Green Runners
Mrs	Kelly	Greig	hedge End Running club

Mr	Brian	Grierson	Lordshill Road Runners Club
Mr	Martin	Griffin	
Mr	Nick	Griffin	
Mrs	Elaine	Grist	Eastleigh RC
Mr	Ken	Grist	Eastleigh RC
Mr	Sam	Grist	
Mr	Ant	Gritton	Lordshill
Mr	Matt	Grote	Winchester & District Athletics Club
Mr	Andy	Groth	
Mr	Martin	Groundsell	OVERTON HARRIERS
Mrs	Domi	Guillot	
Mr	Stephen	Gumbrill	Hart Road Runners
Mrs	Sarah	Gurney	Winchester And District Athletics Club
Mrs	Suzanne	Gussman	
Miss	Joanna	Guy	Portsmouth Joggers
Mr	Malcolm	Hagan	Victory AC
Mr	Will	Hahn	Victory Athletic Club
Miss	Jo	Haley	Totton Running Club
Mr	Mark	Halford	
Mrs	Jane	Hall	Hedge End Running Club
Mr	Al	Hall	Hedge End Running Club
Dr	Christophe	Hall	Stubbington Green Runners & AC
Mr	Chris	Hall	Stubbington Green Runners & AC
Mrs	Kim	Hall	Totton Running Club
Mr	Simon	Hall	Totton Running Club
Miss	Megan	Hall	
Mrs	Debbie	Hallett	Southampton AC
Mr	Alex	Hamilton	Basingstoke & Mid Hants AC
Mr	Neil	Hamilton	
Mrs	Susan	Hamilton	
Mr	Iain	Hamilton	
Mrs	Susan	Hamilton	
Mr	Paul	Hammond	Eastleigh RC
Mr	Paul	Hammond	
Mr	Jason	Hancock	
Mrs	Emily	Handley	Stubbington Green Runners & AC
Mr	Jason	Hands	
Mr	Alun	Hanford	Hedge End Running Club
Mrs	Francesca	Hansford	
Mr	Simon	Hanson	Fareham Crusaders Running Club
Mr	Alistair	Hardaway	Farnham Runners
Mrs	Karen	Harding	Gosport Road Runners
Mr	Michael	Harding	N/A
Mr	Peter	Harding	Victory AC
Mrs	Belinda	harding	Victory Athletic Club
Mr	Karl	Harely	
Dr	Mark	Hargreaves	City of Portsmouth
Mrs	Helen	Harkness	
Miss	Zoe	Harlow	Stubbington Green Runners & AC
Mr	Nathan	Harman	
Mrs	Christina	Harman	
Mr	Mike	Harper	Vegan Runners UK
Mr	Brian	Harris	Denmead Striders
Mr	Matthew	Harris	Salisbury
Mrs	Andrea	Harris	
Mr	Stephen	Harris	

Miss	Lucy	Harrison	Eastleigh RC
Ms	Tina	Harrison	Farnham Runners
Mr	Billy	Harriss	Shrewton
Mrs	Julie	Harvey	HR Runners
Mr	Paul	Harvey	Southampton Athletic Club
Miss	Anna	Harvey	
Mr	Daniel	Haskell	
Mrs	Kylie	Haskell	
Mr	James	Hassan	City of Salisbury AC & RC
Mrs	Lyn	Hatchett	Totton Running Club
Dr	Poppy	Hatfield	Hughenden Ladies Running Group
Mrs	Sam	Hatherley	RunVerity
Mr	Duncan	Hatter	Portsmouth Triathletes
Mr	Bob	Hatton	
Mr	Terry	haughey	poole runners
Mr	Adrian	Haughton	Winchester & District AC
Mrs	Janet	Haughton	Winchester and District AC
Mr	Gareth	Hawes	
Ms	Jess	Hawkins	steve kitchen
Mr	Mark	Hay	Victory Athletic Club
Mrs	Catherine	Hayes	Timothy Hayes
Mrs	Teresa	Hayman	
Mr	Colin	Haynes	Denmead Striders
Mrs	Dawn	Haynes-Se	Stubbington Green Runners & AC
Mr	Terry	Hayter	
Mr	Ian	Hayward	Portsmouth Joggers Club
Mrs	Karen	Hazlitt	Winchester & District Athletics Club
Mr	Paul	Head	
Mrs	Jo	head	
Mr	Terry	healy	Victory AC
Miss	Katie	Healy	
Mrs	Sara	Heath	Victory AC
Mr	Richard	heathcote	
Miss	Gabriella	heathcote	
Mrs	Nicky	Heather	Chandlers ford Running group
Mr	Gary	Heather	Victory AC
Mr	Mark	Heather	
Miss	Lucy	Heaton	
Ms	Patricia	Heaton	
Mr	Andy	Hedge	
Mrs	Noreen	Henderson	New Forest Runners
Miss	Dawn	Heppell	Lordshill Road Runners
Mr	Andy	Herman	Southampton Athletic Club
Miss	Penny	Herridge	Gosport Road Runners
Ms	Patricia	Herring	Netley Abbey Runners
Mrs	Alison	Hesselbert	Stubbington Green runners & AC
Mr	Marcus	hewitt	itchen spitfires running club
Mrs	Claire	Hewitt	
Ms	Corrine	Hewitt	
Mrs	Tara	Hewson	
Mr	Darren	Hewson	
Mrs	Harriet	Hide	Winchester
Mr	Matthew	Higginbottom	
Mrs	Sam	Higginbottom	
Mrs	Caroline	Higgins	
Mr	Geoffrey	hill	

Mr	Roland	Hill	
Mr	Edward	Hill	
Mrs	Michaela	Hill	
Mrs	Louise	Hillier-Whe	Solent Running Sisters
Mr	Chris	Hills	
Miss	Helen	Hills	
Mr	Stuart	Hoare	Denmead Striders
Mr	Geoff	Hobbs	
Ms	Jane	Hodge	Hardley Runners
Mr	Mike	Hodges	Southampton A.C
Mr	Phil	Hodges	
Mrs	Allie	Hodgson	Fareham Crusaders
Miss	Katherine	Hodkin	Liss Runners
Mrs	Ali	Hogg	
Ms	Karen	Hoggarth	Gosport Road Runners
Mr	Philip	holderness	corps
Mr	James	Holgate	
Mrs	Emma	Holgate	
Mr	Hannah	Holliday	Fareham Crusaders Running Club
Mr	Jeremy	Hollinshead	Hedge End Running Club
Mr	Melvyn	Holloway	City Of Salisbury A&RC
Mr	Stuart	Holloway	City of Salisbury AC & RC
Mrs	Beth	Holloway	Ryde Harriers
Mrs	Sarah	Holmes	Isle Of Wight RRC
Mr	Matthew	Holmes	Littledown Harriers Running Club
Mr	Sean	Holmes	Overton Harriers & A.C.
Mr	Marc	Holmes	Southampton Athletic Club
Ms	Sandra	Hook	Hedge End Running Club
Mrs	Sarah	Hookway	
Mr	James	Hooper	Fareham crusaders
Mr	Steve	Hopes	
Mrs	Joanne	Hopkins	Gosport Road Runners
Ms	Rachel	hopkins	
Mr	David	Hopkinson	
Mrs	Anne	Horn	CFCRG
Mrs	Ellen	Horton	
Mr	Graham	hoskins	RunVerity
Mrs	Fiona	Hoskins	RunVerity
Mrs	Sian	Hosmer	Run Verity
Mrs	Tracey	Houdoire	Isle Of Wight Road Runners
Mrs	Claire	Howard	Isle Of Wight RRC
Mr	George	Howarth	STUBBINGTON GREEN RUNNERS AND AC
Mr	Ian	Howell	
Mr	Bart	Huby	
Mr	Nick	Hudson	City of Salisbury AC & RC
Miss	Lucy	Hudson	Gosport Road Runners
Mrs	Sian	Hughes	Fareham Crusaders Running Club
Mr	David	Hughes	Fareham Crusaders Running Club
Mr	James	Hughes	Fareham Crusaders Running Club
Miss	Kayleigh	hughes	Portsmouth Joggers
Mr	Brian	Hughes	Portsmouth joggers
Mr	Graham	Hughes	
Ms	Julie	Humphries	Alton Runners
Mrs	Melanie	Hunt	Denmead Striders
Mrs	Karen	Hunt	Hart Road Runners
Mr	Steve	Hunt	Isle Of Wight RRC

Mr	Geoff	Hunt	
Mrs	Susan	Hunt	
Miss	Bridie	Hurley	unaffiliated
Mr	Tony	Hurlin	Unattached
Mr	Adam	Hurst	Lordshill Road Runners
Miss	Zoe	hutchinson	n/a
Mr	Robert	Hylands	Gosport Road Runners
Mr	Fraser	Hymas	
Mr	Paul	Ince	Runverity
Mrs	Teresa	Ingram	None
Mr	Peter	Ingram	Portsmouth Triathletes
Mrs	Rachael	Ingram	Solent Running Sisters
Mrs	Ali	Irwin	Run Verity
Mr	Jonathan	Isherwood	Fareham Crusaders Running Club
Mrs	Jodie	Isherwood	Fareham Crusaders Running Club
Mr	Richard	Jacks	Stubbington Green Runners & AC
Mr	Gordon	Jackson	Louise Hillier-Wheal
Mr	Richard	Jackson	Mr rs runners
Mr	Charles	Jackson	
Mr	Gordon	Jackson	
Mr	Stefan	Jacobs	
Mr	Mark	Jakins	Gosport Road Runners
Mr	Andrew	James	Liss Runners
Mrs	Joanne	James	West End runners
Mrs	Kate	JAMIESON	Hart Road Runners
Mr	Ben	Jarvis	Gosport Road Runners
Mrs	Rachel	Jarvis	Victory Athletic Club
Mr	Nick	Jarvis	
Mr	Roger	Jasper	Portsmouth Joggers
Miss	Ruth	Jeffery	Itchen Spitfires Running Club
Mrs	Elaine	Jeffery	Lordshill Road Runners
Mr	Adam	Jeffery	NA
Mr	Carl	Jenkins	Eastleigh RC
Mr	Scott	Jenkins	Fareham Crusaders Running Club
Mrs	Jo	Jenkins	Hart road runners
Mr	Stephen	Jenkins	
Mrs	Hazel	Jenkinson	Victory AC
Mr	Carl	Jenks	Warash Running Club
Mrs	Lizzie	Jenner	Denmead Striders
Miss	Susan	Jennings	
Mrs	Sue	Jennings	
Mr	David	Jennings	
Mr	Alex	Jennings-T	Fareham Crusaders Running Club
Mr	David	Johns	Portsmouth Joggers
Ms	Geraldine	Johns	
Miss	Sarah	Johns	
Mrs	Julie	Johnson	Eastleigh RC
Mr	Mike	Johnson	Eastleigh Running Club
Mr	Simon	Johnson	Portsmouth triathletes
Mrs	Tammy	Johnson	Run Verity
Mr	Ronald	Johnson	
Dr	Michael	Johnson	
Ms	Ann	Johnson	
Mr	Kenny	Johnson	
Mr	Bradley	Johnson	Baffins fit club
Mr	Stuart	Johnston	Fareham

Mrs	Emma	Jolley	City of Portsmouth AC
Mr	Darron	Jolliffe	N/A
Mr	Peter	Jolliffe	Ryde Harriers
Mr	Roger	Jones	Denmead Striders
Mr	Ian	Jones	Denmead Striders
Mr	Mark	Jones	Eastleigh Running Club
Mr	Brian	Jones	Eastleigh Running Club
Mrs	Georgie	Jones	Hedge End Running Club
Mr	Glen	Jones	Isle Of Wight RRC
Miss	Alice	Jones	Lordshill Road Runners
Miss	Nicky	Jones	Portsmouth joggers
Miss	Tracey	Jones	Run Verity
Mrs	Sarah	Jones	Run Verity
Mr	Edward	jones	waverley harriers
Mrs	Nicole	Jones	
Mr	Allan	Jones	
Miss	Kelly	Jones	
Miss	Miriam	Jones-Wal	Southampton Athletic Club
Mr	Ruud	Jonkers	Denmead Striders
Miss	Claire	Joyce	Portsmouth Joggers
Mr	Gareth	Juliff	Overton Harriers & AC
Mrs	Katrina	Jurd	Gosport road runners
Mrs	Theresa	Jurdic	Eastleigh RC
Mrs	Alison	kaines	Totton Running Club
Mr	John	kane	Andover Athletic Club
Mr	Jonathan	Kane	Winchester & District Athletic Club
Miss	Sarah	Kay	Hardley Runners
Mr	Stephen	Kay	
Mr	Mick	Kearney	Gosport Road Runners
Mr	Albert	Keeling	
Mr	Duane	Kelly	
Mrs	Sian	Kelly	
Miss	Sarah	Kemp	City Of Salisbury A&RC
Miss	Lucy	Kemp	Hedge End Running Club
Mr	Paul	Kemp	Totton RC
Miss	Sophie	Kemp	
Mrs	Natalie	Kempster	
Dr	Anthony	Kendrick	Totton Running Club
Mrs	Alexandra	Kennett	
Mr	Nick	kenney	Isle Of Wight RRC
Mr	Jonathan	Kershaw	City of Salisbury AC & RC
Mr	Trevor	Kettle	Fareham Crusaders Running Club
Mr	Tim	Keyte	Isle Of Wight Road Runners
Mrs	Bridget	Keyte	Isle of Wight Road Runners AC
Miss	Abigail	Keyte	
Mr	JOHN	KIDBY	Fareham Crusaders Running Club
Mrs	Lois	Kidby	
Mr	Jamie	Kilner-Smit	Alton Runners
Mrs	Tessa	Kimber	Stubbington Green Runners & AC
Mrs	Lesley	Kinchen	
Mrs	Alexa	King	Hart Road Runners
Miss	SARAH	KINGSTON	Southampton Athletic Club
Mr	Gavin	Kinley	Hedge End Running Club
Mr	David	Kirby	
Mrs	Lyndsey	Kirkland	RunVerity
Mrs	Andrea	Kitchen	GOSPORT ROAD RUNNERS

Mr	David	Kitching	Gosport Road Runners
Mr	Darren	knight	Victory ac
Miss	Debbie	Knight	
Dr	Simon	Kolstoe	
Miss	Joanne	Labram	Hedge End Running Club
Mr	Roman	Lacko	Endurance Hub Tri Team
Miss	Olivia	Lade	
Mrs	Debbie	laing	Hedge End
Mr	Christophe	Lamb	Lordshill Road Runners
Mr	Graeme	Lambert	
Miss	Emily	Lambert	Portsmouth Joggers
Mr	Steve	Laming	
Mrs	Laura	Laming	
Mr	Simon	langley	porstmouth joggers
Mr	Robert	langley	portsmouth joggers
Mr	Jonny	Langley	Portsmouth Joggers
Miss	Fenella	Langridge	Shrewton
Mrs	Michelle	Lansley	Fareham Crusaders Running Club
Mr	Richard	Larcombe	City of Salisbury AC & RC
Title	Firstname	Lastname	ClubName
Mrs	Laura	Law	Fareham Crusaders Running Club
Mr	Richard	Law	Gosport Road Runners
Miss	Julia	Lawton	
Mrs	Lucinda	Le Gassick	Stubbingto
Miss	Coral	Leach	Isle Of Wight Road Runners AC
Ms	Jade	Leahy	Gosport Road Runners
Mr	Oliver	Leavey	Basingstoke & Mid Hants AC
Mrs	Jennifer	Leavey	
Mr	Nigel	Lee	Hedge End Running Club
Mrs	Wendy	Lee	Hedge End Running Club
Miss	Jessica	Lee	Hedge End Running Club
Mr	Elisabeth	Lee	STUBBINGTON GREEN RUNNERS
Mr	Marcus	Lee	STUBBINGTON GREEN RUNNERS AND AC
Mr	Tony	Lees	Totton RC
Mr	Dean	Legge	
Mr	Jon	Leigh	Stubbington Green Runners
Mr	Daniel	Leigh	
Mrs	Helen	L'Enfant	Itchen Spitfires
Mr	David	L'Enfant	Itchen Spitfires
Mr	Andrew	Leonard	Fareham Crusaders Running Club
Mr	John	Leonard	Hart Road Runners
Miss	Bel	Levene	Woking Athletics Club
Mr	Matthew	Levey	
Mr	Robin	Levey	
Mr	Stuart	Levy	
Mr	Chris	Lewis	Netley Abbey Runners
Mrs	Shona	Lewis	Netley Abbey Runners
Mr	Andy	Lewis	Ryde Harriers
Mrs	Bridget	Lewis	Ryde Harriers
Mr	Andrew	Lewis	Southampton AC
Mrs	Sarah	Lewis	Totton Running Club
Ms	Fran	Light	Alton Runners
Mrs	Sarah	Lindsey	Fareham Crusaders
Ms	CHRISSEY	LIOE	SOLENT rUNNING SISTERS
Mrs	Jess	Littlewood	Holly hill runners
Mrs	Mitch	Lloyd	Basingstoke

Miss	Sarah	Lloyd	Gosport Road Runners
Miss	Jackie	Lloyd	Victory AC
Miss	Jenna	Lloyd	
Mrs	Lesley	Locks	Hart Road Runners
Mrs	Helen	Lockyer	City Of Portsmouth Athletic Club
Mr	Craig	Lodder	Portsmouth Joggers Club
Mrs	Laura	Lomer	Itchen spitfires running club
Ms	Tracy	Long	Victory AC
Ms	Rebecca	Lord	STUBBINGTON GREEN RUNNERS
Mrs	Louise	Lorimer	Netley Abbey Runners
Mrs	Catherine	Love	
Mr	Richard	Lovejoy	AFD AC
Mr	Ashley	Lovell	Stubbington Green Runners & AC
Mrs	Gillian	Lovell	
Mr	John	Lovell	
Mrs	Alison	Lovell	
Miss	Emma	Lovell	
Mr	Simon	Lovelock	Overton Harriers & AC
Mr	Matthew	Lovesey	Lordshill Road Runners
Mrs	Louise	Lovesey	
Mrs	Allison	Lowder	Victory AC
Mr	Chris	Lowder	Victory AC
Mrs	Emma	Lowery	
Mr	David	Lown	Victory AC
Mrs	Jennifer	Lown	
Mr	Chris	Lowrey	
Mrs	Hannah	Lowry	Victory AC
Mrs	Maureen	Lucas	Lonely Goat RC
Dr	Lynne	Macedo	Almost Athletes
Mrs	Liz	MacEnri	Fareham Crusdaers
Mrs	Emma	Macgregor	
Sir	Richard	Mackay	Stubbington Green Runners & AC
Mrs	Susan	MacKenzie	Farnham Runners
Mr	Graeme	Macmillan	
Mr	Robbie	MacNab	Hedge End Running Club
Ms	Susan	Maddocks	Lordshill Road Runners
Mr	David	Madelin	Southampton Athletic Club
Mr	Mark	Madelin	
Mr	Matthew	Madill	Denmead Striders
Mrs	Terasa	Magee	Body Blast Boot Camp
Mrs	Bridget	Main	Victory AC
Miss	Charlotte	Maisey	Stubbington Green Runners & AC
Mrs	Mel	Maloney	Gosport Road Runners
Mr	John	Malthouse	Denmead Striders
Ms	Tracy	Mann	Fareham Crusaders Running Club
Mr	Julian	Manning	Denmead Striders
Mr	Cliff	Manton	Hedge End Running Club
Mr	Kevin	March	None
Mr	Richard	Marsh	
Mr	Keith	Marshall	Farnham Runners
Mr	Dan	Marshall	Netley abbey Runners
Miss	Sarah	Marszall	Hedge End Running Club
Mr	Colin	Martin	City of Salisbury AC & RC
Mr	Simon	Martin	Fareham Crusaders
Miss	Rebecca	Martin	Farnham Runners
Mrs	Sarah	Martin	Hedge End Running Club

Mr	Kevin	Martin	Hedge End Running Club
Mr	Neil	Martin	Overton Harriers & A.C.
Mr	Graham	Martin	STUBBINGTON GREEN RUNNERS
Mrs	Sally	Martin	Stubbington Green Runners & AC
Mr	Sean	Martin	Stubbington Green Runners & AC
Mr	Paul	Martin	
Mr	Jeremy	Maskell	
Mrs	Kate	Maslin	Hedge End Running Club
Mr	Colin	Mason	Centurion
Mr	Chris	Mason	Fareham Crusaders Running Club
Mr	Simon	Mason	Totton Running Club
Miss	Sarah	massey	Liss Runners
Mr	Luc	Mathew	Ordnance Survey Runners
Mr	Brian	Matthews	Eastleigh RC
Mr	Tim	Matthews	Stubbington Green Runners & AC
Mr	Ian	Matthews	
Mrs	Holly	Matthews	
Mrs	Lynne	matthews	
Mrs	Diane	Mattingly	Lordshill Road Runners
Mrs	Rachel	Maule	
Mr	Darren	Maule	
Ms	Kirsten	Maw	Gosport Road Runners
Mr	Lee	Mawson	Denmead Striders
Mr	Max	Maxwell	Hedge End Running Club
Mr	Max	Maxwell	Hedge End Running Club
Miss	Lucy	May	Stubbington Green Runners
Mr	Mark	Mayes	New Life Training
Mrs	Nikki	Mayhew	RunVerity
Mr	Rich	McAleer	Eastleigh RC
Mr	Trevor	McAlister	Ryde Harriers
Mrs	Nicola	McBeath	Run Verity
Mr	Martin	McBeath	
Mrs	Judy	McCabe	Isle Of Wight RRC
Mrs	Sarah	McCann	Overton Harriers & A.C.
Mr	Neil	McCann	Overton Harriers & AC
Mr	Simon	McCarthy	Lordshill Road Runners
Mrs	Cheryl	McCauley	Portsmouth Joggers
Mr	Chris	McCauley	Portsmouth Joggers Club
Mr	Thomas	McClemnts	STUBBINGTON GREEN RUNNERS
Mr	Darin	McCloud	Victory AC
Mr	Nicholas	McCreath	
Miss	Eileen	McDowell	Portsmouth Joggers
Mr	Christophe	McFaul	
Mr	Andrew	McGhee	Winchester & District Athletics Club
Mr	Tony	McGinnes	Hedge End Running Club
Mrs	Julia	McGrath	Portsmouth Joggers
Mr	Peter	McGreal	
Mrs	Caroline	Mcguigan	gosport road runners
Miss	Kimberley	McIndoe	
Miss	Lauren	McIntyre	RYDE HARRIERS
Mr	Sean	McKay	
Dr	Lynn	McKeague	Winchester and District AC
Mr	John	McKenzie	Hedge End Running Club
Mr	Colin	McManus	Winchester and District AC
Mrs	Lucy	McNeil	
Mr	Graeme	McRobert	

Mrs	Nala	McRobert	
Miss	Katie	Mcsevich	Stubbington Green Runners & AC
Mrs	Claire	Mead	Stubbington Green Runners & AC
Mrs	Helen	Meigh	Garden City Runners
Miss	Hazel	Meldrum	Portsmouth Triathletes
Mr	Piotr	Meller	Portsmouth Triathletes
Mr	Richard	Melville	ryde Harriers
Mrs	Sarah	Member	Holly Hill runners
Mrs	Jane	Mercer	Hart Road Runners
Miss	Kim	Merrett	Solent Running Sisters
Mr	Peter	Merritt	Southampton Athletic Club
Mr	SPENCER	MEYER	Eastleigh
Mr	Ian	Middleton	
Mr	Sean	Middleton	
Miss	Marilyn	Miles	Eastleigh RC
Mr	Ben	miles	
Miss	Matthew	milham	
Mr	Mark	millard	Bayside tri
Mr	Steve	Miller	
Mr	James	Mills	City of Salisbury AC & RC
Mr	Peter	Mills	Totton rc
Mr	Jonathan	Mills	
Ms	Thea	Mills	
Mr	Scott	Mills	
Mrs	Lisa	Milner	City of Salisbury AC & RC
Mr	David	Milton	Lordshill Road Runners
Mr	Steven	Mitchell	CoSARC
Mr	Ben	Mitchell	
Mr	Paul	Mitchinson	Victory Athletic Club
Mr	Russell	Mogridge	
Mrs	Hannah	Molyneaux	
Mr	Michael	Monaghan	
Mr	Matthew	Monaghan	
Mr	Alex	Monk	
Mr	Rick	Monk	
Miss	Emma Jan	Montiel	City of Portsmouth Athletics Club
Mr	Philip	Moore	Alton Runners
Mr	Robert	Moore	Denmead Striders
Mr	James	Moore	Winchester & District AC
Mr	Darren	Moore	
Ms	Amanda	morby	gosport road runners
Miss	Karen	Morby	Gosport road runners
Mr	Tom	Moreton	
Dr	Alistair	Morey	Alton Runners
Mr	Neil	Morgan	Hart Road Runners
Mrs	Stella	Morgan	Isle of Wight Roadrunners
Mrs	ShelleyAnr	Morgan	Netley Abbey Runners
Mrs	Lorraine	Morgan	Portsmouth joggers
Mr	Robert	Morgan	
Mr	PHIL	MORGAN	
Mr	Mark	Morrison	Victory AC
Mr	Paul	Mortlock	
Mr	Peter	Moseley	
Miss	Lucy	Moss	
Mr	Al	Moutray	Chemring Spirits Running Club
Mrs	Nikki	Moxham	Gosport road runners

Mr	Paul	Muddle	Hedge End Running Club
Mr	Paul	Muffett	Ryde Harriers
Mrs	Emma	Muffett	Ryde Harriers
Mrs	Julie	Mulhern	
Miss	Cate	Mullen	
Mr	Jon	Munro	
Mr	Rory	Murphy	David Lloyd Port Solent Tri Club
Mrs	Claire	Murphy	Portsmouth Joggers
Mr	David	Murray	Totton Running Club
Mr	Adam	Murton	Not applicable
Mr	Roderick	Nairn	Fareham Crusaders Running Club
Mrs	Penny	Nash	BAYSIDE TRI
Mr	Peter	Nash	RN Triathlon
Ms	Chris	nation	Gosport Road Runners
Mrs	Stef	Neale	Gosport Road Runners
Mrs	Lisa	Needham	Run Verity
Mr	Ian	Nelson	
Mrs	Sue	Nelson	
Miss	Christina	Nelson	
Mrs	Michele	Ness	Fareham Crusaders Running Club
Miss	Louise	Ness	Gosport road runners
Miss	Charlotte	New	Itchen Spitfires
Miss	Lindsey	Newbold	Lordshill Road Runners
Miss	Sophie	Newcombe	
Mr	Baz	Newman	OS Runners
Mrs	Eleanor	Newman	Portsmouth Joggers
Mr	Mike	Newnham	Unaffiliated
Mr	Shaun	Newton	City Of Portsmouth AC
Mr	Gary	Nias	Itchen Spitfires Running Club
Mr	Darren	Nice	Savage Tri Club
Mrs	Helen	Nicholls	STUBBINGTON GREEN RUNNERS
Mr	Tony	Nicholls	
Ms	Pauline	Nicholson	Hedge End Running Club
Mr	Stuart	Nicholson	
Mr	Chris	Nightingale	
Mrs	Andrea	Noble	
Mrs	Jane	nockeman	Portsmouth joggers
Mr	Mike	Nolan	Denmead stiders
Mr	Justin	Noons	Totton
Ms	Emma	Noyce	Gosport Road Runners
Mrs	Jamie	Nunn	
Ms	Nena	Nwabueze	
Mr	Andy	Nye	Eastleigh RC
Mrs	Caroline	Oakes	Gosport Road Runners
Mr	Robin	Oakley	Overton Harriers & AC
Mrs	Nicola	OConnor	Farnham Runners
Mrs	Marina	Odey	
Mr	James	ODonnell	
Mr	Noel	ODowd	Southampton AC
Mrs	Sue	O'Dowd	Eastleigh RC
Mrs	Daniella	Offer	Denmead striders
Mr	Geoff	OFlanagan	Gosport Road Runners
Miss	Catherine	Oldham	
Mrs	Lisa	Oliver	Lancing Eagles RC
Mrs	Carrie	Oliver	Winchester & District AC
Mr	Steve	Oliver	Winchester & District Athletics Club

Mr	Alan	Opie	
Mr	Michael	Osborne	Portsmouth Triathletes
Mr	Leroy	Osbourne	
Ms	Angela	Ouzman	
Mrs	Sue	Owen	
Mr	Philip	Owen	
Mrs	Cherry	Owens	west wight road runners
Mr	Joe	Packham	
Mrs	Louisa	Page	Stubbington Green Runners & AC
Miss	Hannah	Paine	Stubbington Green Runners & AC
Mr	Darren	Palmer	Itchen Spitfires
Mrs	Alex	Palmer	Totton Running Club
Miss	Madeleine	Panter	
Mr	Andy	Papanicolaou	
Mrs	Eleanor	Papanicolaou	
Mrs	Susan	Parker	Run Verity Run
Mr	Simon	parkhouse	
Miss	Stacey	Parry	Portsmouth Joggers
Mrs	Tamarinda	Parry	
Mr	David	Parsons	Oxford City A.C.
Mr	Frank	Parsons	Unaffiliated
Mrs	Claire	Parsons	Gosport Road runners
Mr	Ashley	Partridge	
Mr	Leonard	Passingham	Overton Harriers & AC
Mr	Peter	Pastides	
Mr	Angus	Paton	Salisbury
Mrs	Rachael	Payne	Run Verity
Miss	Miss	Payne	
Mr	Robin	Peal	Stubbington Green Runners & AC
Mrs	Claire	Peal	Stubbington Green Runners & AC
Mr	Michael	Pearce	Alton Runners
Mr	Cole	Pearce	Hedge end running club
Mrs	Paula	Pearce	Paula Pearce
Mr	Andrew	pearce	raf
Dr	Freya	Pearson	
Mr	Ray	Peckham	Fareham Crusaders Running Club
Miss	Lisa-Marie	Peckover	Denmead Striders
Mr	Henry	Penfold	Hedge End Running Club
Mrs	Jacqui	Penn	RunVerity
Mr	Michael	Percival	Gosport Road Runners
Mr	Julian	Perkins	
Mr	Andrew	Perriam	Totton Running Club
Mr	Phil	Perry	City of Salisbury AC & RC
Mrs	Susy	Perry	Winchester & District Athletics Club
Mr	Healy	Peter	Basingstoke And Mid Hants AC
Mr	Andrew	Peters	Bayside Tri
Mrs	Issy	Peters	Haslemere Border AC
Dr	David	Peters	Veterans AC
Mr	John	Phillips	Farnham Runners
Mrs	Karen	Phillips	Isle Of Wight RRC
Miss	Rosie	Phillips	Itchen spitfires RC
Mr	Jason	Phillips	Fareham Crusaders Running Club
Mrs	Gina	Pickering	
Miss	Ruth	Pickering	
Miss	Sophie	Pierce	
Miss	Olivia	Pigeon	

Mr	Matt	Pillinger	OS Runners
Mrs	Anne	Platt	Run Verity
Mr	Mark	Plumridge	Fareham Crusaders Running Club
Mrs	Ann	Pocock	
Mrs	Becks	Porter	Easteigh Running club
Dr	Robert	Porter	Winchester & District AC
Mrs	Laura	Porter	
Mr	Luke	Porter	
Miss	Gill	Potter	
Mr	Dale	Poulter	Gosport road runners
Mr	Nick	Povey	
Mrs	Kat	Powell	Fareham Crusaders Running Club
Mr	Chris	Powner	Winchester & District Athletics Club
Mrs	Heather	Powney	
Mrs	Teri	Pragnell	Lordshill Road Runners
Mrs	Lindsay	Pratt	Stubbington Green Runners & AC
Mr	Gary	Pratt	Stubbington Green Runners & AC
Mrs	Amanda	Price	Eastleigh RC
Mr	Richard	Price	SAC
Mr	Mark	Priddy	None
Mr	James	Priddy	
Mrs	Elizabeth	Prinsep	romsey road runners
Mr	Alex	Prinsep	Romsey road runners
Ms	Jessica	Prior	Netley Abbey Runners
Mr	Phillip	Prophett	Fareham Crusader's Running Club
Miss	Helen	Prophett	Solent Running Sisters
Miss	Linda	Pukinska	Victory Athletic Club
Mrs	Tracy	Puttock	Hedge End Running Club
Miss	Emily	Quick	Netley Abbey Runners
Mr	Robert	Quigley	
Mrs	Lesley	Quiney	Portsmouth Triathletes
Mr	Anthony	Quinn	Portsmouth Joggers
Mrs	Joy	Radford	Winchester and District AC
Mrs	Gill	Radford	
Mr	Peter	Radford	
Mrs	Nikki	Radford	
Mr	Michael	Rae	Portsmouth joggers
Miss	Hayley	Rae	RunVerity
Mr	Dan	Rainscourt	
Miss	Rebecca	Ralf	Victory AC
Mr	Peter	Ramsdale	Bognor Regis Tone Zone Runners
Mr	Alec	Ramsey	
Mrs	Kate	Randall-Cc	Eastleigh RC
Mr	Tony	randell	unattached
Mr	JOHN	RANGLES	Ryde Harriers
Mrs	Hilary	Ranger	Solent Running Sister
Mr	Kevin	Rann	Isle Of Wight Road Runners
Miss	Donna	Ransom	Totton
Mrs	Katie	Rant	Stubbington Green Runners & AC
Miss	Julie	Rasmussen	Isle Of Wight Road Runners
Mrs	Julie	Ray	Isle Of Wight Road Runners AC
Miss	Athena	Ray	
Mr	Gareth	Read	Ful-On Tri
Mr	Toby	Read	
Mrs	Honor	Reader	
Mr	Alex	Reading	

Mrs	Elizabeth	Redpath	Gosport Road Runners
Mrs	Claire	REED	Run Verity
Mr	Ian	Reed	
Mrs	Pauline	Reed	
Mr	Christophe	Rees	Rees
Miss	Lynda	Reid	RunVerity
Mr	Tom	Reid	Winchester And District Athletics Club
Mrs	Susan	Reid	
Mr	Brian	Reid	
Mrs	Trisha	reilly	New Forest Runners
Mrs	Sarah	Reilly	
Mrs	Katja	Reipart	
Mr	GEORGE	RENNIE	STUBBINGTON GREEN RUNNERS
Miss	Sarah	Rennison	Gosport Road Runners
Mr	Malcolm	Renyard	Hardley Runners
Mr	Martin	reynolds	oxford city thletic club
Mr	Robert	Reynolds	
Mr	Lee	Rhodes	Gosport Road Runners
Miss	Sally	Rice	
Mrs	Suzanne	Richardsor	Denmead Striders
Mr	Ralph	Riches	
Mr	Malcolm	Richmond	Fareham Crusaders Running Club
Mr	Antony	Rickman	Lordshill Road Runners
Mrs	Kirsty	Rickman	Lordshill Road Runners
Mrs	Christine	Riddington	Victory AC
Mr	Simon	Riley	Isle of
Mr	Joseph	Riley	
Mr	Simon	Rimmer	Hart Road Runners
Mr	Matt	Risden	Hedge End Running Club
Mr	Peter	Robbins	Eastleigh Running Club
Mr	Graham	Robbins	Hardley Runners
Mr	Jeremy	Robbins	Netley Abbey Runners
Mr	Brian	Robert	Fareham Crusaders Running Club
Mr	Michael	Roberts	Bayside Tri
Miss	Elizabeth	Roberts	CITY OF SALISBURY ARC
Mrs	June	Roberts	Eastleigh RC
Mrs	Rebecca	Roberts	Eastleigh RC
Mr	Kris	Roberts	
Mrs	Heather	Roberts	
Mrs	Liz	Roberts	
Miss	Kirsty	Robertson	
Miss	Fiona	Robertson	
Miss	Emma	Robinson	Gosport Road Runners
Mr	Howard	Robinson	Hart Road Runners
Mr	Steve	Robinson	Lordshill Road Runners
Mrs	Julie	Robinson	Portsmouth joggers
Mrs	Lynn	Robinson	Run Verity
Dr	Alan	Robinson	Run Verity
Miss	Sarah-Jayr	Robinson	
Mr	Phil	Robinson	
Mr	Elliot	Robinson	AFD
Ms	Linda	Robson	City of Salisbury AC & RC
Mr	Colin	robson	Victory AC
Mr	Gerry	Robson	Itchen spitfires
Miss	Josie	Roe	Stubbington Green Runners & AC
Mr	Jeremy	Rogers	Fareham Crusaders Running Club

Mrs	Julia	Roiz de Sa	Gosport Road Runners
Dr	Daniel	Roiz de Sa	Gosport Road Runners
Mr	Wayne	Ronayne	
Mrs	Monique	Roos	
Mr	Deon	Roos	
Mr	RICHARD	ROOTT	None
Mr	Luis Adrian	Rosas Wie	Itchen Spitfires Running Club
Mrs	Stephanie	Rose	Lordshill Road Runners
Mr	Simon	Ross	
Mrs	Sarah	Ross	
Mrs	Danielle	Rossiter	Hedge End Running Club
Mrs	Celine	Roue	
Mr	Daniel	Rourke	Run Verity
Mrs	Charlotte	Rourke	Run Verity
Mrs	Sue	Rourke	
Mrs	Lorraine	Rowe	Fareham Crusaders Running Club
Mr	Greg	Rowe	Stubbington Green Runners & AC
Dr	Frances	Rowlands	
Mr	Ivan	Rowsell	
Mrs	Amanda	Rudkin	Victory Athletics Club
Mr	Ged	Ruffle	Hart Road Runners
Mr	BRETT	RUMFITT	BAFFINS FITCLUB
Mrs	Sonia	Rushby	Eastleigh Running Club
Miss	Karen	Rushton	Winchester & District AC
Mr	John	Ruskin	City Of Salisbury A&RC
Mr	James	Ruskin	
Mrs	Emma	Russ	Farnham Runners
Mrs	Christine	Russ	RunVerity
Mrs	Alice	Ryder	Hardley Runners
Mrs	Sally	Sadler	
Mr	Paul	Sadler	
Miss	Elizabeth	Sadler	
Mr	Scott	Sadler	
Mrs	Diane	Sadler	
Mr	Jude Thad	Salas	
Mr	Adolfo	Salazar	No club
Mrs	Anne	Sales	Solent running sisters
Mrs	KERRY	SALMON	RUN VERITY
Mr	Rob	salmon	
Mr	Mark	salter	
Ms	Rita	Sammons	
Mr	Steve	Samways	
Mrs	Fiona	Sandford	Holly Hill Runners
Mr	Christophe	Sandy	Alton Runners
Mrs	Raman	Sangha	Victory AC
Mr	Peter	Sansome	Winchester & District A.C.
Miss	Ellen	Sargeant	
Miss	Clare	Satterly	Lordshill Road Runners
Mr	John	Saunders	Fareham Crusaders Running Club
Mr	John	Saunders	Fareham Crusaders Running Club
Mrs	Gillian	Savage	RunVerity
Miss	Nina	Savage	
Dr	Nick	Savage	
Miss	Kerryanne	Sawyer	Stubbington Green Runners & AC
Miss	Amanda	Sayers	Fareham Crusaders Running Club
Ms	Claire	scammell	Wimborne Athletics Club

Mr	Chris	Scanlon	Fareham Crusaders Running Club
Mrs	Julie	Scarrott	
Mr	Carl	Schafer	Stubbington Green Runners & AC
Miss	Beth	Schorah	
Mr	Dean	Schubert	Baffins Fit Club
Mrs	Sophie	Scott	
Miss	Jane	Scrase	Alton Runners
Mr	Richard	Scrase	Alton Runners
Mr	Philip	Scrase	Alton Runners
Mr	Gordon	Scruton	
Mr	Stuart	Searle	Overton Harriers & AC
Mr	Aron	Sebesteny	Katalin Sebesteny-Gyore
Mrs	Katalin	Sebesteny	Lordshill Road Runners
Miss	Mel	Seddon	Fareham Crusaders Running Club
Mrs	Vanessa	Seilo	
Mr	Michael	Sennett	Portsmouth Joggers
Mr	Michael	Sennett	Portsmouth Joggers
Mrs	Carol	Sergeant	Hedge End Running Club
Mrs	Linda	Seymour	Itchen Spitfires RC
Mr	Perri	Seymour	Itchen Spitfires Running Club
Mrs	Kirsty	Shannon	Hedge end running Club
Mr	Sanjai	Sharma	Bournemouth AC
Ms	Charlotte	Sharman	Winchester And District Athletics Club
Mrs	Sarah	Sharp	Isle Of Wight Road Runners
Mr	Garry	Sharp	Isle Of Wight RRC
Mrs	Sophie	Shaughnessy	
Mr	Sarah	Shave	Itchen spitfires
Mr	Martin	Shaw	Denmead Striders
Mr	Cliff	Shaw	Stubbington Green Runners & AC
Mrs	Janet	Shaw	Stubbington Green Runners & AC
Mr	Daniel	Shawyer	Denmead striders
Mrs	Marie	Shawyer	Fareham Crusaders
Mr	Paul	Shawyer	Fareham Crusaders Running Club
Mrs	Sarah	Shedden	Winchester and District Athletics Club
Mr	Richard	Sheppard	Farnham runners
Mr	Keith	Sheppard	Hedge End Running Club
Mrs	Tracey	Shepperd	Hedge end running club
Miss	Nichola	Sherar	Hart Road Runners
Miss	Lorna	Sherar	Hart Road Runners
Mr	Michael	Sheridan	Newbury Athletic Club
Miss	Lauren	Sherman	Itchen Spitfires Running Club
Mrs	Jenny	Shilling	Gosport Road Runners
Mrs	Mary	Short	Victory AC
Mr	James	Shoulder	Isle Of Wight RRC
Mr	John	sibley	
Mrs	Kelly	Sichel	
Mrs	Emma	Sillence	
Mr	Daniel	Sillence	
Mr	Philip	Silver	
Mr	Steven	Silverlock	Gosport Road Runners
Miss	Katie	Simister	City of Portsmouth AC
Mrs	Sue	Simmonds	Solent running sisters
Mr	Kevin	Simmonds	
Mrs	Karin	simmons	portsmouth joggers
Mr	Andy	Simpson	STUBBINGTON GREEN RUNNERS
Miss	Ulaiwan	Sirikun	

Mr	Alasdair	Skelley	Denmead Striders
Mrs	Tiffany	Skerratt	.
Mr	David	Skidmore	Rotary road runners
Mrs	Tracy	Slade	Gosport road runners
Mr	Kieran	Slade	Gosport young Runners
Mrs	Jennifer	Slater	RunVerity
Mr	Jonathan	Slater	
Mr	Paul	Slaughter	City of Salisbury AC & RC
Mrs	Sophie	Slidel	Team OnForm
Mrs	Aly	Sloane	City of Salisbury A and RC
Mr	Timothy	Sly	Lordshill Road Runners
Mrs	Lisa	Small	Hedge end
Mr	Mark	Smallwood	Hedge End Running Club
Mr	Rob	Smart	Tri Team Wessex
Mrs	CHRIS	SMITH	FAREHAM CRUSADERS
Mr	Richard	SMITH	Gosport Road Runners
Mr	Mike	Smith	Hardley Runners
Mr	Trevor	Smith	Hatchwarren Runners
Mrs	Sarah	Smith	LG Runners
Mr	Gary	Smith	LG Runners
Mr	Sam	Smith	LGRunners
Miss	Ro	Smith	Lordshill Road Runners
Mr	Jonathan	Smith	Lordshill Road Runners
Mr	Julian	Smith	New Forest Runners
Mrs	Elizabeth	Smith	Runverity
Mr	Martin	Smith	Stubbington Karate Club
Miss	Emily	Smith	
Mr	Peter	SMITH	
Ms	Danielle	Smith	
Mrs	Samantha	Smith	
Mr	Alistair	Smith	
Mr	John	Smith	
Mrs	Elizabeth	Smith	Itchen spitfires
Mr	Jon	Smithers	Hants Pol Tri
Mr	Nick	Smithers	
Mr	Malcolm	Smithers	
Ms	Anna	Smith-Jam	Hedge End Running Club
Mrs	Emma	smithson	CFCRG
Mrs	Victoria	Smithson	RunVerity
Miss	Isabella	Smithson	RunVerity
Mrs	Liz	Snaith	RunVerity
Mr	Michael	Snowden	Eastleigh Running Club
Mr	Kai	Solheim	
Mr	Maria	Solly	Maria Solly
Mr	Lemke	Solomon	
Mrs	Angela	Soto	RunVerity
Mr	James	Southcombe	
Mrs	David	Spandley	
Miss	Rebecca	Spandley	
Mr	Jason	Sparks	Eastleigh Running Club
Miss	Maria	Sparks	Hedge End Running Club
Mr	Chris	Sparshott	Gosport Road Runners
Mr	Stephen	Spence	Overton Harriers & A.C.
Miss	Melanie	Spence	PARKRUN
Mr	Robert	Spencer	STUBBINGTON GREEN RUNNERS
Mr	Karl	Spielmann	Marlow Striders

Mr	Keith	spiers	Hedge End Running Club
Mr	Robert	Stacey	
Mrs	Jane	Stafford	
Ms	Nichola	Stanley	Gosport Road Runners
Miss	Naomi	Stanley	OS Runners
Mr	Mark	Stanmore	Itchen Spitfires Running Club
Mr	Chris	Stapleford	Stubbington Green Runners & AC
Mr	Thomas	Stark	
Mr	Dan	Starkey	Denmead Striders
Mrs	Sabrina	Steel	Hart Road Runners
Mrs	Catherine	Steele	City of Salisbury AC & RC
Mr	Tim	Steele	Hedge End Running Club
Mr	Richard	Steele	Hedge End Running Club
Mr	Matthew	Steele	
Mrs	Ema	Steele	
Mr	Michael	Stephens	Farnham
Mr	Thomas	Stephenson	Eastleigh RC
Mr	Cathy	Stephenson	
Mrs	Charlotte	Stephenson	Run Verity
Mr	Tom	Stevens	Southampton AC
Mr	Simon	Stevens	Winchester & District AC
Mr	Oliver	Stevenson	Blackwater Valley Runners
Mr	Anthony	Stevenson	
Miss	Elizabeth	Steward	Denmead Striders
Miss	Beverly	Stickland	Stubbington Green Runners & AC
Mr	Nicholas	Stilwell	Isle Of Wight RRC
Mrs	Catherine	Stock	Gosport Road Runners
Mr	Martin	Stockley	Eastleigh RC
Mrs	Nicola	Stocks	
Mr	Andrew	stockwell	STUBBINGTON GREEN RUNNERS AND AC
Mrs	Michelle	Stokes	Fareham Crusaders
Mr	Pete	Stokes	
Mrs	Sue	Stokes	
Mrs	Sally	Stone	Denmead Striders
Mr	Antony	Stone	
Mrs	Marie	Stopinski-V	Run Verity
Mrs	Nicola	Stott	Victory Athletic Club
Miss	Eloise	Stradling	Farnham Runners
Mr	Peter	Strange	Farnham Runners
Mr	Stuart	Stratton	
Mr	Paul	Street	Gosport Road Runners
Mrs	Jackie	Stretton	Gosport Road runners
Mr	Ben	Strudwick	Fareham Crusaders Running Club
Mrs	Kate	Stubbings	
Mr	Pete	Stubbings	
Miss	Clare	Stubbs	Dan Marshall
Mr	Len	Such	Basingstoke And Mid Hants AC
Mr	Richard	Sullivan	Vegan Runners UK
Miss	Anna	Summerbell	
Ms	Sharon	Summers	Hedge End
Mr	David	Swan	
Mrs	Karen	Swan	
Mr	Trevor	Swann	Tone Zone Runners
Mrs	Linda	Swanton	
Miss	Laura	Swanton	
Mr	Bill	Swanton	

Mrs	Teresa	Swatton	Portsmouth Joggers
Mr	Adam	Swatton	Portsmouth Joggers
Miss	Natalie	Symonds	Vegan Runners
Mr	Lee	Syrett	City of Salisbury AC & RC
Ms	Amanda	Talbert	Fareham Crusaders
Miss	Claire	Tallack	Gosport road runner
Mr	Darren	Tanner	Stubbington Green Runners & AC
Mrs	Louise	Tanner	Stubbington Green Runners & AC
Mr	Paul	Tate	
Mr	Ben	Tavendale	Lordshill Road Runners
Mrs	Leah	Tavner	Itchen Spitfires Running Club
Mrs	Sarah	Taylor	
Mr	John	Taylor	
Mr	Richard	Taylor	Alton Runners
Mrs	Linda	taylor	denmead striders
Mrs	Debbie	Taylor	Fareham Crusaders Running Club
Mr	Mikey	taylor	Farnham Runners
Mr	Daniel	Taylor	Hedge End Running Club
Mrs	Nicki	Taylor	Lordshill Road Runners
Mr	William	Taylor	Portsmouth Joggers
Mrs	Lisa	Taylor	West wight road runners
Mr	Andrew	Taylor	
Mr	Paul	Taylor	
Miss	Jacqueline	Taylor	
Mrs	Janette	Teague	Hart Road Runners
Miss	Hannah	Teasdale	
Mrs	Lisa	Tennant	
Mr	James	Teuten	Liss Runners
Mrs	Kirsten	Thatcher	Fareham Crusaders Running Club
Miss	Ruth	Thom	City of Salisbury AC & RC
Mrs	Gillian	Thomas	Gosport Road Runners
Miss	Nicola	Thomas	Portsmouth Joggers
Mrs	Joanne	Thomas	Solent Running Sisters
Mrs	Claire	Thomas	Gosport Road Runners
Ms	Olivia	Thomlinsor	None
Mrs	Liz	Thompson	Run Verity
Mr	Mark	Thompson	
Ms	Louise	Thompson	
Mr	Kevin	Thompson	
Mr	Stuart	Thomson	Bognor Regis Tone Zone Runners
Miss	Jessica	Thomson	Bognor Regis Tone Zone Runners
Mr	Rich	Thoroughgood	
Mr	Walter	Thorpe	Basingstoke And Mid Hants AC
Mr	David	Thorpe	Stubbington Green Runners & AC
Miss	Jo	Ticehurst	Portsmouth joggers
Mr	MARK	TILLER	Poole Runners
Ms	Caroline	Timoney	None
Mrs	SUE	TINGLEY	Gosport Road Runners
Mrs	Becky	Tinsley	none
Mr	Andy	Tite	
Mrs	Jackie	Tombs	None
Mr	Paul	Tombs	None
Miss	Fiona	Tomlinson	Gosport roadrunners
Mr	Simon	Toms	Denmead Striders
Dr	Brenda	Topliss	Romsey Road Runners
Mr	Lee	Torrens	Gosport Road Runners

Miss	Becky	Tovey	Romsey Road Runners
Mr	Dan	Towell	Totton Running Club
Ms	Sally	Toye	Fareham Crusaders Running Club
Miss	Rachel	Train	Fareham Crusaders Running Club
Ms	Trish	Train	Isle Of Wight Road Runners
Ms	Julie	Treharne	RunVerity
Mr	Robson	Trendell	Hedge End Running Club
Mrs	Jennie	Trickett	Netley abbey runners
Mr	Paul	Trott	
Mr	Will	Trowell	Ryde Harriers
Mr	Matthew	Tuck	
Mr	Gary	Tuff	
Mr	David	Tulip	
Mr	Peter	Turnbull	Portsmouth Joggers
Mr	Paul	Turner	Fareham Crusaders Running Club
Mr	Paul	Turner	Fareham Crusaders Running Club
Mr	Andrew	Turner	Liss Runners
Mrs	Christine	Turner	Victory AC
Mr	Simon	Turner	Victory Athletic Club
Mr	Samuel	Turner	WADAC
Mrs	Joanna	Turner	
Miss	HAYLEY	TUTTON	Ryde Harriers
Mrs	Emma	Tyler	Eastleigh Running Club
Mrs	Linda	Tyler	Farnham Runners
Mr	Charles	tyndalebiscoe	
Mr	Phil	Tyrrell	Lordshill Road Runners
Ms	Grace	Tyrrell	Stubbington Green Runners & AC
Miss	Lauren	Udall	Hedge End Running Club
Mrs	Katy	Underdown	
Mr	Mark	Underwooc	Overton Harriers & AC
Mr	Paul	Unsted	
Ms	Sophie	Usher	Hedge End Running Club
Mr	Adrian	Utteridge	
Mr	Colin	Uwins	
Mr	Miles	van der Luç	Gosport Road Runners
Mr	Carlo	van Leeuw	Hedge End Running Club
Ms	Monique	Van Nuete	Overton Harriers & A.C.
Mrs	Ann-marie	Vanderplar	Totton Running Club
Mr	Barry	Varcoe	
Miss	Claire	Varcoe	
Mr	Dan	Vaughan	Arena 80 AC
Mrs	Karen	Vaughan	Holly Hill Runners
Mrs	Kate	Vaughan	Stubbington Green Runners & AC
Miss	Rachael	Visick	Overton Harriers & AC
Mrs	Denise	von Roretz	City of Salisbury AC & RC
Mr	David	Vosser	Winchester and District Athletics Club
Mr	Paul	Wade	
Mrs	Kelly	Wainwright	
Mr	Jack	Wainwright	
Dr	Mai	Wakatsuki	Totton Running Club
Miss	Susan	Wakefield	Stubbington Green Runners & AC
Mr	Brian	Wakem	Aldershot Farnham & District AC
Mr	MICHAEL	WALBERT	FARNHAM RUNNERS
Mr	Richard	Waldron	Southampton Athletic Club
Mrs	Clare	Waldron	
Mr	Ben	Waldron	

Mrs	Tracey	Wales	Gosport Rd Runners
Mr	Benjamin	Wales	Gosport Road Runners
Mrs	Sue	Walker	Holly Hill Runners
Mr	David	Walker	Winchester & District Athletics Club
Mr	Andrew	Walker	
Mrs	Louise	Wallace	Hart Road Runners
Mr	Jordan	Waller	Team OnForm
Ms	Susan	walters	
Mr	Patrick	Warburton	Winchester & District AC
Mr	Martin	Ward	Fareham Crusaders Running Club
Mrs	Julie	Ward	Hedge End Running Club
Mrs	Sophie	Ward	n/a
Miss	Carolyn	Ward	Ryde harriers
Mr	Jon	Ward	Southampton Athletic Club
Miss	Emma	Ward	
Mr	Greg	Warder	Southampton athletics club
Mrs	Jodie	Warr	Running for Time
Mr	Brian	Warren	Ryde Harriers
Mr	Andrew	Warren	Totton Running Club
Miss	Emma	Watson	Fareham Crusaders Running Club
Mr	Mark	watson	mark watson
Dr	Derek	Watson	
Mrs	Mel	Watson	
Mr	David	Watson	
Mr	Jason	Watts	RunVerity
Mr	Mark	Waughmar	Itchen spitfires running club
Mrs	Alex	Wealthy	
Mr	Daniel	Wealthy	
Mr	Andy	Wealthy	
Mrs	Kathryn	Wealthy	
Mr	Craig	Weatherbu	City of Salisbury AC & RC
Mrs	Jenny	Weatherbu	City of Salisbury AC & RC
Mr	Philip	Webb	Stubbington Green Runners & AC
Mrs	Cathy	Webb	Stubbington Green Runners & AC
Mr	Norbert	Weber	City of Salisbury AC & RC
Mr	Martin	Wedge	Stubbington Green Runners & AC
Mr	Richard	Weeks	
Miss	Paige	Weir	Shepperton Running Group
Mr	Paul	welch	Denmead Striders
Mrs	Clare	Welch	Denmead Striders
Mrs	Ali	Welch	Farnham Runners
Miss	Gemma	West	Fareham Crusaders Running Club
Mr	Martyn	west	Winchester & District AC
Mr	James	Whatley	N/a
Mrs	Gill	Whatley	
Miss	Louisa	Whatmore	
Mrs	Lynda	Wheeler	New Forest Runners
Mrs	Sophia	Wheeler	
Mrs	Sarah	Wheeler	
Mr	Ben	Whettingst	Eastleigh RC
Mr	Mike	White	CITY OF SALISBURY ARC
Mrs	Pippa	White	Gosport Road Runners
Mr	Danny	White	Lordshill Road Runners
Mrs	Natasha	White	None
Mr	Peter	White	Ryde Harriers
Mr	Mike	white	Stubbington Green Runners & AC

Mr	John	White	Totton Running Club
Mr	Neil	White	Totton Running Club
Mrs	Elizabeth	White	Totton Running Club
Dr	N	WHITE	
Mr	Alan	White	Fareham Crusaders Running Club
Mr	Paul	Whitefield	
Mr	Steve	Whitehead	Hedge End Running Club
Mrs	Jane	Whiteley	City of Salisbury AC & RC
Miss	Helen	Whiting	Ac Victory
Mr	Alexander	Whiting	Winchester & District Athletics Club
Mr	Harvey	Wickham	Farnham Runners
Mrs	Anna	Wilby-Lope	Stubbington Green Runners & AC
Mr	Dave	Wilcock	Isle of Wight Road Runners
Mrs	Victoria	Wild	Run Verity
Dr	Esther	Wiley	Totton Running Club
Mr	Ross	Wilkes	Isle of Wight Road Runners
Mr	Mark	Wilkie	Liss Runners
Mrs	Jackie	Wilkinson	Farnham Runners
Mr	Mike	Willers	
Mr	Nicholas	Willetts	City of Salisbury ARC
Mrs	Paula	Williams	Fareham Crusaders Running Club
Mrs	Lari	Williams	Haslemere Border AC
Mr	Liam	Williams	Hatch warren runners
Mr	Joel	Williams	Havant AC
Mrs	Alana	Williams	Itchen Spitfires
Mr	Andy	Williams	N/A
Mr	Dave	Williams	Portsmouth Joggers
Mrs	Karen	Williams	
Mr	Aaron	Williams	
Miss	April	Williams	
Miss	Rachel	Williams	
Mrs	Lucas	Williams	
Mrs	Karen	Willsher	Fareham crusaders running club
Mr	Kevin	Willsher	Lordshill Road Runners
Mr	Peter	Wilmott	Isle Of Wight RRC
Mrs	Jodie	Wilmott	Isle Of Wight RRC
Mr	Rob	Wilson	Denmead Striders
Mr	Mark	Wilson	Denmead Striders
Mr	Charles	Wilson	Hardley Runners
Mr	Neil	Wilson	OS Runners
Mr	Glenn	Wilson	Run Verity
Mr	Mark	Wilson	Winchester & District AC
Mr	Jamie	Wilson	
Miss	Jenny	Wilson	
Mr	Andy	Wilson	
Mr	Luke	Wilton	
Mrs	Becki	Wimsett	Denmead Striders
Mr	Chris	Winbourne	Hedge End Running Club
Mr	Jordan	Winbourne	Hedge End Running Club
Mr	Jim	Windebank	Vegan Runners
Mrs	Zoe	Windsor	Gosport Road Runners
Miss	Heidi	Winn	RNAC
Miss	Sarah	Winstone	Lordshill Road Runners
Mrs	Elaine	Winter	Lordshill Road Runners
Mrs	Meranda	winter	Portsmouth Triathletes
Mr	Paul	Winterford	

Mrs	Claire	Winterford	
Mrs	Rebecca	Winterhalder	
Mr	Mark	Winterhalder	
Mr	Jack	Wiseman	
Mr	Marc	Wood	None
Mrs	Jackie	Wood	Runverity
Mr	Nick	Wood	Winchester & district AC
Mr	Rob	Wood	
Mr	Steve	Wood	Gosport Road Runners
Mr	Mark	woodford	
Mr	Kevin	Woodnutt	
Mrs	Jane	Woodroof	Denmead Striders
Mr	Colin	woods	WINDLE VALLEY RUNNERS
Miss	Abigail	Woolaston	Andover Athletic Club
Mr	Robert	Woolcock	
Mr	Steven	Wooldridge	Portsmouth Joggers
Mrs	Jennet	Woolford	Jennet Woolford
Mr	Paul	Woolford	Paul Woolford
Mrs	Deborah	Woolnough	
Miss	Jodie	Woolston	Ryde Harriers
Mr	Keith	Woolven	Fareham Crusaders Running Club
Mr	Michael	Wootton	Stubbing Green Runners
Mr	Phill	Worrall	
Mr	Richard	Worrall	
Miss	Jo	Wrenn	Fareham Crusaders Running Club
Mr	Brian	Wright	Fareham Crusader
Mrs	Verity	Wright	RunVerity
Mr	Mark	Wright	Ryde Harriers
Miss	Amanda	Wright	Unaffiliated
Mr	James	Wright	
Mrs	MARIA	WRIGHT	
Mr	Graham	Wright	
Mrs	Michelle	Wright	Run Verity
Mrs	Tina	Wyatt	
Mrs	Tracy	Wynn	Itchen spitfires
Mr	John	Wynn	Itchen spitfires
Mr	Paul	Yarham	Winchester and District AC
Mr	Kevin	Yates	Lordshill Road Runners
Mr	Steven	Yates	Poole Runners
Mrs	Alison	Yearsley	Farnham Runners
Mr	Chris	YEOMANS	
Mrs	Catherine	Young	Ryde Harriers
Mr	Peter	Young	Ryde Harriers
Miss	Kim	Young	
Mrs	Lisa	Young	Gosport Road Runners
Mrs	Carolyn	Zebedee	RunVerity
Mr	Brenton	Zebedee	