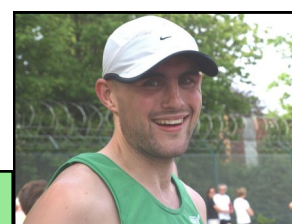




July 2010

CAPTAIN FANTASTIC AND THE BOY WONDER



SOUTHADOWS RELAY

Another fantastic day for Stubbington Green. Three teams, the Senior men, the Vet men and the Ladies raced near on 100 miles, against 57 other teams from the South of England. It was a resounding success, with our 18 athletes battling the heat, the terrain, and strong competition. None of this would have been possible though without the support of several key Stubbies driving the teams and marshalling our changeover leg at Harting Down. *Mike Harper*

"Thanks to Simmo, a brilliant captain and gave us a resilient and gritty performance! I never had any doubts about how he would perform and I always said I'd take a 90% fit Simmo above any other runner – he possesses unrivalled competitiveness! From a personal point of view, I loved every minute of the event, from the winter recces to finishing leg 18 and being offered several ciders. Stubbington is an awesome club, great characters and awesome team spirit throughout, I cannot wait to proudly represent the club in Miami and across the world" *Lewis 'Boy Wonder' Chalk*

"Here here to our Team Captain and I just want to echo what Lewis said about the day, it was a fantastic experience. Performance of the day... I think it will have to be performances of the day" *Tony Smith*

"Excellent effort all round guys! Comedy moment was definitely Kev at the end of his second leg, I didn't think we were getting him back to do a third. His head was rolling, eyes were rattling in his sockets and I was sure he'd found a stash of Vodka shots somewhere! Fair play though Kev, you

came back strong a third time after we all force-fed you with water. The only other notable point was an insatiable appetite for an obscene amount of food by myself through the day. I think I finished on 1 large bowl of porridge for breakfast, with 4 bananas, 4 oat bars, a big tub of tuna pasta, 2 mars

bars, 1 snickers, 1 bounty, a few handfuls of minstreels, 3 energy gels and an apple before the finish, at which point I topped it all with 3 pints. Get those calories on board! Fantastic day and can't wait to do it all again next year!" *Wayne Ewens*



"Great effort from you all and well done on coming SECOND, next year FIRST?? A big thank you for the chauffeurs who put up with all the sweaty bodies and moaning about our aches and pains. The Test Way Relay is in September so maybe a good opportunity to get you all out again!"

And to finish we want to also say a huge thanks to the Vet and Female team members who supported us throughout and provided great banter and friendly rivalry! And of course a huge thanks to the race organiser, club marshals, and the other teams! The SDW Relay is a top event...and long may it continue! *Team Captain Andy Simpson*